

MINUTES
SENIORS ADVISORY COMMITTEE
October 9, 2012
4:00 P.M. – 6:00 P.M.

Attendance: Councillor Colin Campbell, Councillor Alan Ho, Angela Morris, , Gail Leet, Jaswant Dhanjal, Sandra Donin, Susan Leppington, Katy Kwan, Balasunderam Ponniah, Joan Lever, Ramma Chabra, Asad Shariff, Manickampillai Velauthapillai Staff: Marsha Mariani, Recreation Coordinator, Program & Outreach, Dennis Flaherty, Director Communications & Community Relations and Alida Tari, Council/Committee Coordinator. Regrets: Warren Carroll, Deputy Mayor Jack Heath	
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Item	Discussion	Action Item
1. CALL TO ORDER	The Seniors Advisory Committee convened at 4:04p.m. with Angela Morris presiding as Chair.	
2. APPROVAL OF THE SEPTEMBER 11, 2012 SENIORS' ADVISORY COMMITTEE MEETING	Moved by Councillor Colin Campbell Seconded by Councillor Alan Ho That the minutes of the September 11, 2012 Senior's Advisory Committee be approved. CARRIED	
3. NEW BUSINESS	<u>Update from Communications Subcommittee</u> Angela advised that the Communications Subcommittee will be working directly with a representative from the City's Corporate Communications department relative to the two pages in the Markham Life magazine dedicated to the "Senior's Section." There was brief discussion regarding information that may be included such as: health information, snow service, flu shot clinics, etc. <u>Brain Fitness Program</u> Bala provided the Committee with a very brief overview of "Brain Fitness Program" and inquired whether the software can be included in the public libraries and at the current Senior Centres. Staff advised that recently the City has offered a "Brain Gym" program.	Marsha will look into the Brain Fitness Program and will provide the contact information for the group that they currently use.

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	<u>Application</u> Asad advised that there is a new app that might be of interest to seniors that allows physicians to check in on patients and stay up-to-date with their medical history via the mihealth network. The website is www.mihealth.com <u>Cornell Community Centre</u> Councillor Colin Campbell provided a brief update relative to the Cornell Community Centre regarding the anticipated grand opening date and parking issues.	
4. NEXT MEETING	The next meeting of the Seniors Advisory Committee will be held on November 20, 2012 at 4:00 p.m. in the Canada Room	
5. ADJOURNMENT	The Seniors Advisory Committee adjourned at 5:15 p.m.	