

MINUTES
SENIORS ADVISORY COMMITTEE
September 10, 2013
4:00 P.M. – 6:00 P.M.

Attendance: Angela Morris, Ramma Chabra, Gail Leet, Sandra Donin, Jaswant Dhanjal , Katy Kwan , Asad Shariff, Councillor Colin Campbell, Joan Lever, Manickampillai Velauthapillai , Balasunderam Ponnia
Staff: Marsha Mariani, Recreation Coordinator, Program & Outreach, and Alida Tari, Council/Committee Coordinator.
Regrets: Warren Carroll, Yash Kapur and Susan Leppington

Item	Discussion	Action Item
1. CALL TO ORDER	The Seniors Advisory Committee convened at 4:04 p.m. with Angela Morris presiding as Chair.	
2. APPROVAL OF THE JULY 16, 2013 SENIORS' ADVISORY COMMITTEE MEETING	Moved by Councillor Colin Campbell Seconded by Gail Leet That the minutes of the July 16, 2013 Senior's Advisory Committee be approved. CARRIED	
3. REVIEW OF THE SENIOR ADVISORY COMMITTEE'S TERM OF REFERENCE	The Committee was provided with a copy of the "Term of Reference" and it was suggested that each Member review the document and provide any comments and/or suggestions at the October meeting.	Place the Terms of Reference on the October agenda.
4. AGENCIES	Angela advised the Committee that she is in the process of contacting the President of the United Way to discuss what services they offer to Seniors.	Angela will provide an update regarding United Way services available to Seniors.
5. OTHER SENIOR PROGRAMS - PLACES OF WORSHIP	Marsha Mariani, Recreation Coordinator, Program & Outreach distributed a spread sheet outlining the results from the letters she had sent out to the Places of Worship in Markham regarding Senior Programs. The Committee discussed how this information should be utilized.	Alida/Marsha will work with Corporate Communications to ensure this information is made available to Seniors.

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6. MUSLIM WELFARE CENTRE (MWC)	Mr. Firaaz Azeez, Muslim Welfare Centre presented a video to the Committee regarding the various programs offered that include: free medical clinic, shelter for needy women and children, meals on wheels, school nutrition programs, etc. He suggested that if anyone can identify an area that might benefit from their program to contact him to further discuss. Mr. Azeez offered a tour of their facility to the Senior Advisory Committee. The Committee thanked Mr. Azeez for coming to present and commended him on their program.	
7. NEW BUSINESS	<u>Swimming rates at the Community Centres in Markham</u> There was discussion regarding the rates for leisure swimming and aqua-fit for Seniors and it was suggested that recreation staff look at the City of Hamilton senior swim program. <u>Brain Gym</u> There was discussion regarding the possibility of installing this program in the computers at the City libraries and Senior Centres. <u>Box Grove Community Hall</u> It was suggested that this item be placed on the October agenda for discussion. <u>Expired Term for the Citizen members</u> It was noted that four of the Senior Advisory Committee members have received a letter advising them that their term will expire on November 30, 2013. There was discussion regarding members who do not regularly attend the meetings. It was suggested that the Chair follow up with Laura regarding these members. <u>Councillor Newsletter</u> Councillor Campbell advised that he will include a paragraph in his newsletter requesting if any Seniors have ideas/suggestions to contact his office with them.	Staff will investigate what is offered at the City of Hamilton. Place on the October agenda. Follow up with Laura in Clerk's department.

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	<u>Cornell Wellness District</u> Councillor Campbell advised the Committee that there is an application for a Cornell Wellness District that is considering including a Senior Centre in their design. He will keep the Committee updated.	
8. NEXT MEETING	The next meeting of the Seniors Advisory Committee will be held on October 8, 2013 at 4:00 p.m.	
9. ADJOURNMENT	The Seniors Advisory Committee adjourned at 5:35 p.m.	