



A WIDE RANGE OF PROGRAMS MEANS INDIVIDUALIZED TREATMENT

At Kinark, we know that every child is different and that every family is unique, so we make sure our programs fit individual needs.

- Individual, Family and Group Counseling
- Multisystemic Therapy (MST)
- Special Classes/Day Treatment
- Residential Programs
- Crisis & Intensive Services
- Therapeutic Family Care
- Parent Education Programs & Workshops
- Respite Programs
- Life Skills for Teens

Preschool Consultation & other early identification services for children aged 0-6

... are just some of the programs offered throughout Kinark, depending on the needs of the child or youth, their family and the community.

MULTI-DISCIPLINARY, PROFESSIONAL STAFF

All of our services are supported by experienced and trained professional staff that include: Child & Youth Workers, Social Workers, Psychologists, Psychiatrists, Nurses and Educators.

CEPAS CENTRAL EAST PRESCHOOL AUTISM SERVICE

CEPAS is a collaborative effort of community agencies spanning the Central East region of Ontario with the goal of helping children with autism achieve their greatest level of independence.

As the lead agency, Kinark is responsible for all aspects of the program. CEPAS provides clinical assessments to determine eligibility for the program; intensive behavioural intervention (IBI) services to children under the age of 6 who have been diagnosed as having an Autism Spectrum Disorder and who qualify for services; assistance with transition to schools/other programs for children exiting the CEPAS program; parenting workshops and access to a lending library; and access to an on-line parent support group.

For more information on CEPAS, please contact Kinark's toll free central intake/information line (1-888-4-KINARK) or the CEPAS office at 905-479-0158/1-800-283-3377 or visit www.kinark.on.ca/autism.htm.

ALL YOU NEED TO DO, IS ASK

Many children and families are referred to Kinark by professionals in the community - teachers, family doctors, nurses, school psychologists BUT you don't need a professional referral to call Kinark. Our programs and services are free and confidential. If you, your child or a child you know needs help - all you need to do is call our toll-free intake/information line:

1-888-4-KINARK (1-888-454-6275)



Kinark
CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING



Kinark Outdoor Centre

For close to 20 years, the Kinark Outdoor Centre has been providing year-round outdoor education, skill development and adventure-based programming for schools, agencies and faith communities. Located on a scenic, 250 hectare site near Minden, the KOC hosts close to 150 groups each year.

Accredited by the Ontario Camping Association and wheelchair accessible, the KOC boasts an array of amenities and natural features including: a secluded lake with a sand beach, nature/ski trails, sports fields, a full service dining lodge, recreation/conference hall, all-season sleeping cabins for groups up to 100.

Respite Weekends, Character Education Programs, Summer Camps and The Caring Classroom Program are just some of the programs offered by the highly skilled, professional staff at the KOC.

For more information on the Outdoor Centre's programs and services, visit the website at www.koc.on.ca or call 1-800-805-8252.



Syl Apps Youth Centre

Located in Oakville, the Syl Apps Youth Centre is a Kinark Centre for Excellence offering Secure Treatment, Secure Custody and Secure Detention programs and services. With the transfer of operation to Kinark in 2000, came a commitment to shift the philosophy at SAYC from a custody/control model to one of rehabilitation and treatment.

Extensive clinical assessments and evidenced-based practices drive all treatment and rehabilitation programs used at SAYC. Over 20 different kinds of therapeutic programs and support services are offered, based on individual strengths and needs of each youth in care. Youth at SAYC are supported by a strong, multi-disciplinary clinical team of professional staff. The Halton District School Board provides on-site educational programming for all youth.

For more information on SAYC, please call 905-844-4110 or visit the website at www.kinark.on.ca/sylapps.htm.

FAMILY-FOCUSED & STRENGTH-BASED

At Kinark, we believe that every family has strengths. We also believe that you know your children best.

Parents/caregivers and when possible, entire families are part of the treatment process. We work with each families' strengths to develop goals and strategies that will work for you.

We recognize the unique cultures and diversity of families that come to us for help and we take these specific needs into account throughout the treatment process.

A NOT-FOR-PROFIT, CHARITABLE ORGANIZATION

Funded in large part by the Government of Ontario, Kinark also accepts private & corporate donations and foundation grants to enhance programs and to pilot new and innovative services.

To make a donation in support of children and families, please call the Corporate Office at 1-800-230-8533.

Charitable Registration # 11898 1125 RR0001

OTHER SPECIALIZED KINARK-RUN SERVICES

CHILD CARE CENTRES

Kinark operates child care centres in 6 locations in the Northern section of York Region. Over 300 spaces are available, providing care for children aged 18 months to 12 years in services that include Nursery, Kindergarten and Before & After Programs.

SUPERVISED ACCESS CENTRES

This highly respected program offers safe, neutral locations where children can be supported during visits with their parents who are involved in custody/access disputes. In partnership with the Ministry of the Attorney General, Kinark operates a number of Supervised Access Centres in the Simcoe/Muskoka region (Midland, Barrie, Bracebridge) as well as Kawartha/Pine Ridge region (Peterborough, Victoria/Haliburton/Northern Ontario).

Additionally, Kinark partners with Access for Parents and Children in Ontario (APCO), to provide administrative support for Toronto-based Supervised Access programs.

YOU ARE NOT ALONE Kinark is here to help.

When children/youth are suffering from a mental health problem, we see it most often in the way they ACT - in their BEHAVIOUR.

For example:

- They may be depressed or lonely.
- They may be having difficulty making friends.
- They may be in trouble at school.
- They may have tried or talked about suicide.

They may be bullies or have been the victims of bullying.

They may be in conflict with parents, teachers or police.

They may be struggling with drug and/or alcohol abuse.

They have shown homicidal or arson tendencies (eg. fire-setting, hurting/killing pets or other animals).

They may show signs of an eating disorder (eg. anorexia or bulimia).

At Kinark, we are committed to making a positive difference in the lives of children and youth struggling with mental health issues.

Being committed means we provide the best quality of service.

**It means we don't give up ...
we don't lose hope.**



Kinark
CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING

**CORPORATE
OFFICE**

www.kinark.on.ca
info@kinark.on.ca

**CENTRAL INTAKE
INFORMATION:
1-888-4-KINARK
(1-888-454-6275)**

500 Hood Road, Suite 200
Markham, ON L3R 9Z3
T: 905-474-9595 F: 905-474-1448
Toll Free: 1-800-230-8333

OFFICE LOCATIONS

DURHAM REGION
1916 Dundas Street East, Unit 2, Whitby, ON L1N 2G6
T: 905-433-0241 Toll Free: 1-888-454-6275 F: 905-432-0916

**NORTHUMBERLAND
COUNTY**
20 Snafly Road, Unit 3, Cobourg, ON K9A 5J7
T: 905-372-4361 Toll Free: 1-800-230-8531 F: 905-373-1382

Compulife Memorial Hospital, Campbellford, ON K0K 1L0
146 Oliver Road, Room 254, 2nd Floor
T: 705-653-4008 Toll Free: 1-800-230-8531 F: 905-373-1382

**PETERBOROUGH
COUNTY**
380 Armour Road, Suite 275, Peterborough, ON K9H 7J7
T: 705-742-3803 Toll Free: 1-800-386-6561 F: 705-742-4144

SIMCOE COUNTY
34 Simcoe Street, Markham, ON L3R 6T4
T: 705-726-8861 Toll Free: 1-800-230-8531 F: 705-729-9748

P.O. Box 338, 354 King Street, Midland, ON L4R 4L1
T: 705-526-3708 Toll Free: 1-800-230-8529 F: 705-527-1248

YORK REGION
1100 Goshen Street, Unit 12, Mississauga, ON L3R 7V1
T: 905-898-4572 Toll Free: 1-800-230-8530 F: 905-836-2890

600 Alden Road, Suite 200, Markham, ON L3R 0E7
T: 905-479-0158 Toll Free: 1-800-283-3377 F: 905-479-2364

45 Alton Crescent, Kewville, ON L4P 3A6
T: 905-898-4572 Toll Free: 1-800-230-8530 F: 905-479-4617

CENTRAL EAST PRESCHOOL

AUTISM SERVICE
600 Alden Road, Suite 200
Markham, ON L3R 0E7
T: 905-479-0158 F: 905-479-2364
Toll Free: 1-800-283-3377
www.kinark.on.ca/autism.htm

EPAS
CENTRAL EAST PRESCHOOL
AUTISM SERVICE

STYL APPS YOUTH CENTRE

475 Iniquity Street, Suite 200
Oakville, ON L6H 1M3
T: 905-844-4110 F: 905-844-9197
www.kinark.on.ca/syapps.htm

SAYC

THE KINARK OUTDOOR CENTRE

P.O. Box 720
Markham, ON L3R 9Z3
T: 705-286-3555 F: 705-286-6184
Toll Free: 1-800-805-8252
www.koc.on.ca info@koc.on.ca

KOC
Kinark Outdoor Centre



Kinark
CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING

Kinark Child and Family Services is a non-profit children's mental health centre that provides a full range of free and confidential programs and services to children and youth with mental health issues as well as support to their families/caregivers.

Kinark offers children's mental health programs in 5 areas throughout the Central East region of the province, including:

- Durham Region
- Northumberland County
- Peterborough County
- Simcoe County
- York Region

Kinark also provides mental health treatment programs and services in the Central West region of Ontario at Styl Apps Youth Centre (SAYC) in Oakville - a youth justice facility offering:

- Secure Treatment
- Secure Custody
- Secure Detention

OUR MISSION STATEMENT

To strengthen the well-being of children and their families thereby contributing to safe and healthy communities.

We seek to achieve this goal by being a provider of choice in the delivery of the highest quality services to our clients in partnership with community resources.

Kinark seeks to achieve its mission in an environment of diversity and inclusion.



Kinark Child & Family Services is fully accredited by Children's Mental Health Ontario



Kinark
CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING



CARING



HELPING



HEALING





Believe in You

2004-2005 ANNUAL REPORT



Kinark
CHILD AND FAMILY SERVICES

CARING • HELPING • HEALING

BELIEVE IN YOU

Somewhere there's a river,
lookin' for a stream.
Somewhere there's a dreamer,
lookin' for a dream.
Somewhere there's a drifter,
trying to find his way.
Somewhere someone's waitin'
to hear somebody say

I believe in you
I can't even count the ways that I believe in you
And all I want to do is help you to believe in you

Somewhere someone's reachin'
Trying to grab that ring
Somewhere there's a silent voice
Learning how to sing
Some of us can't move ahead
We're paralyzed with fear
Everybody's listening
'Cause we all need to hear

I believe in you
I can't even count the ways that I believe in you
And all I want to do is help you to believe in you

I will hold you up
I will help you stand
I will comfort you
When you need a friend
I will be the voice that's calling

I believe in you
I can't even count the ways
That I believe in you
And all I want to do
Is help you to believe in you
And there are just so many ways
That I believe in you
Baby what else can I do
But believe in you

I believe in you
All I want to know is you believe .. believe in you

BELIEVE IN YOU

By: ERIC BAZILIAN,
and AMANDA MARSHALL

© 1998 HUMAN BOY MUSIC, METATUNE INC., (SOCAN),

SONY/ATV MUSIC PUBLISHING Canada (SOCAN)

All Rights On Behalf of HUMAN BOY MUSIC

Administered by WB MUSIC CORP.

All Rights Reserved Used by Permission

REPORT OF THE PRESIDENT & EXECUTIVE DIRECTOR

The faith and trust that is put in us by our clients and families is a huge responsibility.

When in crisis, parents and caregivers, children and youth need to find someone, somewhere who believes in them - believes in the strength of their family and believes that with some work things can and will get better.

This year was full of challenge, full of change, full of chances and full of achievement.

Typically in year-end messages like this we review highlights of the year's activities and then express thanks to staff at the end of the report. For this year in particular, our thanks to staff must come as the first item of business because you cannot note the highlights of the past year at Kinark without noting the exceptional contribution of our staff.

In what has been one of Kinark's most demanding years, our staff have demonstrated a level of commitment, teamwork and professionalism that we want to acknowledge. Kinark's team of front line child and youth workers, supervisors, child care workers, administrative support staff, outdoor educators, psychologists, maintenance staff, managers, social workers, cooks, nurses, consultants, volunteer coordinators, therapists is just that - a team. To all of our team we say: You are what sets Kinark apart. You sacrifice - you say yes when it would be easier to say no - you lead - you set the example - you listen - you push - you keep on going when others would give up - you make a difference.

Last year about now, we had just been given the official word that for the first time in almost a decade, the government would be increasing base budgets of children's mental health agencies by three per cent. A concerted advocacy effort from the network of children's mental health agencies was coupled with the keen insight into the crisis in the sector by the Minister of Children and Youth Services, Dr. Marie Bountrogianni. These combined forces contributed to the budget announcement of this long-awaited base funding increase. Also announced by the Minister were plans to make additional funding available to

communities for local priorities. To start the process the ministry called upon service providers to undertake an intensive process of cross-sectoral planning. Kinark, its Board and our Provincial Management Team were active participants with our colleagues in all of our service areas. The strong mutually-respectful relationships we had already forged within our service regions allowed us to get down to the business at hand quickly and effectively. Our goal was to submit comprehensive plans to the Ministry with the vision of making the system easier for families to access, ensuring that services were client-centred and ultimately finding better and more cost-effective ways of meeting the individual needs of each child and family.

Despite the new funding opportunities, we continue to face the reality that when families in crisis call us, desperate for support, we cannot give them the immediate service they need. In fact, we often have to tell these families that they will have to wait months before we can offer any kind of ongoing programming. Not days, not weeks, but months. This is not acceptable. Populations are expanding rapidly in many of our service areas. Children and youth are presenting with more intense and more complex needs than ever before. As more and more community partners look to children's mental health agencies like Kinark for support of children and youth showing signs of extreme social, emotional and behavioural difficulties, children's mental health must remain as a priority on the list of funding needs for the government.

The government has also begun the task of examining the previously-neglected area of policy development in the Children's Mental Health sector. Children's Mental Health Ontario has played a key role in getting this critical item on the Ministry's already busy agenda and has sought input from its members throughout the province. We applaud the Ministry for this undertaking. While a daunting task, it is a necessary one if we are to move forward and look progressively at the system. We use evidence-based practice in our clinical work, we need to ensure that we use similar mindsets when talking about policy development and systemic change.

A number of new programs have been implemented over the past year. The Autism Spectrum Disorder (ASD) School Support Program is one of the initiatives recently implemented by the government to support school-aged children on the Autism Spectrum. Kinark now operates the ASD-SSP in the Central East region. The purpose of the program is to provide consultation to teaching staff and school board personnel in order to strengthen services to children and youth with an Autism Spectrum Disorder. The program is a huge but important undertaking. Eleven Boards of Education, including 2 Francophone Boards, together comprising over 2300 primary and secondary schools fall in our region. Since the announcement of the program last Spring, Kinark has hired and trained close to its full staffing complement, who are now working collaboratively with school personnel and other school-based special education professionals to ensure that each student's learning potential is maximized.

With funding from the Department of Canadian Heritage, Kinark hired an agency Diversity Coordinator to assist the Board and Provincial Management in its development of comprehensive policies and practices with a goal of ensuring we meet the highest standards of racial and cultural sensitivity at all levels of the organization - with clients and families, staff, and Board representation.

Recently, the Ministry of Children and Youth Services awarded Kinark funding to develop a pilot program called the Intensive Support and Supervision Program (ISSP). Together with our project partner, Associated Youth Services of Peel, the goal of the program is to support youth who have committed an offence but due to extreme mental health issues would be extremely vulnerable in a custodial setting. The contract for services covers the central region of the province, excluding Toronto, and will involve partnerships with a wide array of service providers. Simply put, ISSP is an intensive program for some of our highest needs children and youth.

Triple P (Positive Parenting Program) is another evidence-based initiative that is being added to the Kinark services menu. Piloted in our York and Simcoe Program areas, Triple P is a unique, multilevel family intervention program for the prevention and treatment of behavioural and emotional problems in children and youth by enhancing the knowledge, skills and confidence of everyone in the community. Triple P is one of the few evidence-based parenting programs available worldwide, founded on over 25 years of clinical and empirical research. Selected staff have already undergone an intensive 'train-the-trainer' program along with colleagues from various other services agencies across York Region and Simcoe County. You can read more details about Triple P in the service descriptions section later on in this report.

A number of exciting new programs have been initiated at Kinark's Outdoor Centre to serve the more vulnerable populations of children and youth. In its first year of operation, registration for the Summer Autism Quest Program is almost full and family respite weekends for families with children on the autism spectrum are also close to maximum capacity. With the surge in the school system's call to deliver character education programs, Kinark's already established Caring Classroom program, run as an outreach initiative of the Outdoor Centre had its busiest year ever with 32 programs.

With the support of Greenshields and the Imperial Oil Charitable Foundation, our goal of implementing a Volunteer Respite Program in York and Simcoe has been realized. Active recruitment, training and matching of volunteer special friends and host families has begun. The respite program is a welcome addition to the range of services offered in York Region and Simcoe County and marks a significant milestone in the ongoing growth of our volunteer program.

All programs benefit from the positive impact of Kinark's network of volunteers. Particularly in today's world as our lives run at unimaginable pace, we must acknowledge our gratitude to our special friends and drivers, our committee members and host families, our COPE and bingo volunteers for their time, their energy and their commitment to making a difference.

The Board and its various Committees and Task Forces continue in their progressive work on setting priorities and direction for the agency. Our Board/Management Retreat focused on Kinark's role as a children's mental health agency in establishing cross-sectoral partnerships to better service the needs of children and families. We were joined by experts in the areas of Education, Child Welfare, Youth Justice and Autism and set a course for action for the coming year in each of these four key service areas. Plans for the establishment of the Kinark Foundation are underway to assist us in diversifying our revenue base to support innovations and augment current programs where government support falls short of need. Additionally, a Task Force has been struck to examine social entrepreneurial initiatives for Kinark. Social entrepreneurial activities have a "double bottom line" - helping with revenue generation but also helping us to achieve our mission. Social entrepreneurial initiatives will be win-win-win venture for clients, for Kinark and for our communities.

This year, we say farewell to two retiring Board members. Roland Rutland has stepped down from the Board to assume his new role as the agency's Diversity Coordinator. As a volunteer, Roland helped to guide the agency through the initial stages of development of our diversity initiatives. He was and remains a keen advocate for children and families in Durham region.

In what he describes as one of the most difficult decisions he has had to make, long-standing Board member Earl Paquette has also chosen to step down from the Board at the end of this year. Earl has the energy and exuberance of a teenager and a fierce compassion for children and youth. He has been a tremendous asset to the Board and its Committees, in particular the Advocacy and Clinical, Quality Assurance Committees. He is a tremendous supporter of the Krista Sepp Awards and the loudest cheerleader at the Syl Apps Holiday Talent Show. But perhaps Earl's greatest gift to Kinark has been his support of staff - front line, management, and provincial management. His departure from the Board will leave a void at Kinark that will be difficult to fill. We thank both Roland and Earl for their unique contributions to the Agency.

It remains an impossible task to sum up a year's worth of activity at Kinark in these few brief paragraphs. Our continued thanks go to the Ministry and in particular our Program Supervisors who are an invaluable resource to us in our day to day operations. Gratitude again, to the multitude of volunteers who add so much to the vibrancy of the agency and the successful treatment outcomes of our clients and families.

A note of sincere thanks to those staff, volunteers and clients who lent their creativity to 'liven-up' the words and numbers that appear in this year end report.

And - thanks again to our staff. Truly, the best in the business!

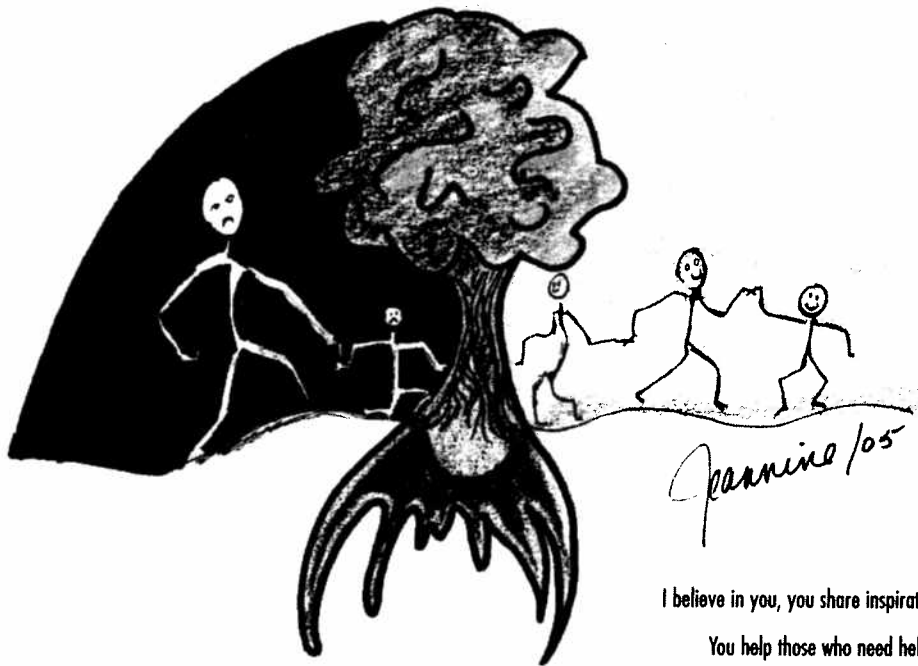


Bill Clarke
President



Peter Moore
Executive Director

FROM A MOM AND HER DAUGHTER - JEANNINE & JESSICA



I believe in you, you share inspiration and hope for those who need it.

You help those who need help and you care if someone is upset.

You inspire so many hearts and you are a good person.

You have the ability to help those who struggle to a point where they feel comfortable
in a way where they could trust the help you provided.

You have the ability to heal broken hearts of tormented people.

You are able to help people who have no idea what to do, you also show a way of peace.

- Jessica, age 14

*Everybody's listening,
'cause we all need to hear*

SERVICE	04/05	03/04
Family Services	2568	3133
Crisis/Intensive Services	328	436
Residential Treatment	86	96
Education/Day Treatment	269	225
UFT	1097	1042
STRIVE (Outreach & WIN)	820	703
Child Care	435	482
Supervised Access	254	227
Therapeutic Family Care	10	5
Respite Programs	225	297
CEPAS	160	119
Syl Apps - Secure Treatment	31	33
Syl Apps - Youth Justice	114	219
O-6 Services	339	333
Health Promotion Groups	344	230
TOTAL KINARK CLIENTS SERVED*	6258	7470
Kinark Outdoor Centre	6741	7359

*Note: TOTAL KINARK CLIENTS SERVED figure represents the total number of individual clients served throughout the year. Clients may be receiving more than one service in a year.

*Kinark Child & Family Services

Detailed descriptions on programs/services listed appear on following pages.

DID YOU KNOW?

One in five Ontarians under 19 has a mental health disorder.

Source: Canadian Health Study, 1999/Statistics Canada, 2003

Of these 530,000 children, 300,000 have more than one disorder.

Ontario's current children's mental health system has the capacity to serve fewer than 1 in 3 of these children - "... services provided are limited by the level of available funding rather than the level of need." *Ontario's Provincial Network, 2003*

The average cost of treating children's mental health problems in community-based agencies is less than \$2,500 per child per year. The cost of a pediatric hospital bed is more than \$2,500 per day.

Ministry of Children and Youth Services estimates, note 3702 (2004-05), CMHC member survey, 2003; Children's Hospital of Eastern Ontario, 2003-04 Annual Report

PROGRAM DESCRIPTIONS

FAMILY SERVICES

Within all of our program areas, a range of treatment services that includes individual, family and group counseling is provided to children and their families within local communities. These kinds of services are provided to children who are living at home or youth living on their own in their communities, as well as to children who are in residential care.

CRISIS/INTENSIVE SERVICES

This category of specialized treatment services includes:

MULTI-SYSTEMIC THERAPY (MST)

This evidence-based program works intensively with children and youth with extremely complex emotional, social and behavioural needs. Using a set of 9 key principles, MST encompasses all aspects of a child's life to assist them in addressing their specific needs and to be more responsible for their actions. The involvement of everyone in the life of the child/youth in question – families, peers, school personnel, community members – all play integral roles in the successful delivery of the program. MST is delivered within the home and local communities.

FAMILIES FIRST™

This program delivers intensive, short-term services to families within their own homes. Often referred to as the 'family preservation program', Families First™ helps families learn new skills and problem solving techniques needed to allow the child/youth to remain in the home and prevent more costly out-of-home placement and potential family breakdown.

CRISIS SERVICES

These are programs that are supported by funding from the Ministry of Children & Youth Services and provided in collaboration with other agencies in local communities. Specifically, Kinark provides crisis response to children and families in York, Simcoe, Peterborough and Durham; and intensive family support to children with chronic mental health problems in York and Durham Regions as well as Northumberland County.

RESIDENTIAL TREATMENT

Children and youth in residential treatment are placed in a home-like setting within a community. Child and Youth Workers, supported by other experienced professionals and clinicians, provide children's daily care and facilitate individual plans of care. Wherever possible, parents/guardians join staff and children at mealtimes, during bedtime routines, during quiet and fun times, to ensure that these relationships are maintained and fostered, thereby facilitating reintegration into the home.

EDUCATION/DAY TREATMENT

Kinark, in collaboration with local Boards of Education, offers education/day treatment in selected program areas. This service addresses the needs of children that cannot be met in the regular school system. The goal of the program is to reintegrate children into the community school or a suitable alternative as quickly and as appropriately as possible.

LIFT (LIFE SKILLS AND INDEPENDENCE FOR TEENS)

LIFT is a program offered to teens aged 13-19 in Kinark's Simcoe program and provides a supportive environment for young people to assist them with their transition towards independence. Information and skill training is offered in a number of areas including: budgeting, personal hygiene, job readiness, problem solving, nutrition, anger management and communication.

STRIVE (SUPPORTING TEENAGERS IN READINESS FOR INDEPENDENCE, VOCATION AND EDUCATION)

STRIVE is designed to give youth who exhibit significant behavioural, social, or emotional difficulties skills training in order that they might succeed in mainstream educational or vocational settings. Offered in the Peterborough program STRIVE provides a range of services including: community outreach, crisis intervention, one-to-one life skills instruction, and group programs for those at risk of depression and suicide.

CHILD CARE

Kinark provides child care in six locations in the northern sector of York Region. 308 total spaces are available providing care for children between the ages of 18 months and 12 years, in programs including Nursery School, Kindergarten and Before and After Programs.

SUPERVISED ACCESS SERVICES

In its 12th year of operation, Kinark's highly respected Supervised Access programs provide safe, neutral and accessible locations where children can be supported during visits with their parents who are involved in custody/access disputes. In partnership with the Government of Ontario and the Ministry of the Attorney General, Kinark operates Supervised Access Centres in Simcoe/Muskoka as well as in Peterborough, Northumberland, Victoria and Haliburton Counties. Kinark partners with Access for Parents and Children in Ontario (APCO) to provide administrative support for supervised access programs in Toronto.

THERAPEUTIC FAMILY CARE

In selected program areas, the Therapeutic Family Care service (formerly "Therapeutic Foster Care") places children and youth with trained Treatment Parents and their families. TFC is designed for children and teens who require greater structure and intensity of services than can be provided in their family home and encourages the achievement of every child's full potential by providing a stable and nurturing alternative family environment. Treatment parents work as part of a team with Kinark professionals, along with the child/teen and the natural parents. Specific treatment plans for each young person are developed by the team and include permanent placement plans which, depending on the needs of the child/youth may result in a return to the natural family; long-term family care; adoption; or independent living.

0-6 PROGRAMS

Kinark remains involved in an array of new programs for young children and their families, often in collaboration with other agencies in the communities where we are located such as Early Years Centres. These programs include the evidence-based services of 'Incredible Years' and 'Right from the Start' as well as Therapeutic Day Nursery programs and Preschool Consultation Services.

RESPITE PROGRAMS

Kinark responded to a strong and consistent message from parents with children/youth in service and is one of the only children's mental health centers in Ontario to offer Respite Relief services to families with children who are experiencing serious emotional, social and behavioural problems. Respite services are critical for families who have a high needs child or youth at home and who want to keep their family unit intact and prevent more intrusive, costly, long-term, out-of-home placement. Within the program itself, there is a wide range of flexible respite options that are provided including; parent-to-parent counseling, in-home relief, weekly outings, and short-term out-of-home placements for children of families at critical moments of stress. Respite programs now operate in York Region, Simcoe County, Peterborough County, Durham Region and Northumberland County.



2005 marks the 20th year of operation of the Kinark Outdoor Centre and the scope of programs, and

services KOC offers continue to expand to meet the growing and diverse needs of Kinark clients, families, and current and prospective client groups. The Outdoor Centre and its exceptional program and operational staff bring year-round outdoor education, skill development and adventure-based programming to Kinark clients and their families. CEPAS parent training/respite programs were piloted last Fall and were well received by families, who for many had never experienced a family vacation. This summer, the KOC is gearing up for its first year of Autism Quest - providing week-long residential camping experiences for children and youth on the Autism Spectrum, and will also continue to offer family respite weekends throughout the year. Outdoor Centre staff report that the four annual programs run with the Syl Apps

secure treatment youth are without question one of the 'favourites'. Other highlights of the past year include the delivery of 32 Caring Classroom programs in York, Simcoe, and Peterborough regions. The KOC's involvement with the Duke of Edinburgh program continues to grow with increased open enrollment, and custom school trips. Private school participation has developed substantially with groups from schools including Upper Canada College, Greenwood College School, Bayview Glen, Bethany Hills, and Appleby College taking part in experiential outdoor education initiatives. The Outdoor Centre is pleased to partner with special population agencies and organizations, such as BUCKO (Burn Camp for Kids in Ontario), About Face (supporting children with facial deformities), Operation Springboard (developmentally delayed youth), and Cambridge Respite Services - just to name a few. The Kinark Outdoor Centre is very proudly, the largest provider of Adult Mental Health recreational/camp programming in Ontario.



Krista Sepp Memorial Awards

The Krista Sepp Memorial Awards, held each year on February 3 pay tribute to the memory of a young child and youth worker who was

tragically murdered while on duty at one of Kinark's residential homes in Simcoe County. The Award is presented in two categories, the Horizon Award (recognizing promising work of CYW's in the field for 5 years and under) and the Mentoring Awards (recognizing the ongoing contributions of CYW's working in front-line positions for 6+ years). A record 44 nominations were received this year from across the province and from across many service sectors including children's mental health, child welfare, education and health. This year's award winners were Monica Hodgkiss (New Path Youth and

Family Service, Cookstown) - HORIZON AWARD and Helena Perera (Women in Crisis, Sault Ste. Marie) - MENTORING AWARD. Highlights of the Awards Ceremony included fervent words of support from Jessica Hill, Deputy Minister of the Ministry of Children and Youth Services, who along with several Ministry colleagues attended the ceremony to recognize the work of all CYW's in Ontario. Many nominees spoke passionately of their commitment to the field and to the children and youth they serve and recognized the memory of Krista in their words of thanks to those gathered. Kinark's own Denise MacDonald of the Durham Program was nominated for her outstanding work in the 0-6 field. 2006 marks the 15th Anniversary of the Awards and plans are underway among the Steering Committee for a gala celebration in memory and in honour of Krista and her family.



Syl Apps Youth Centre

The Syl Apps Youth Centre (SAYC) operates two co-educational programs: secure treatment and youth

justice (secure detention and custody). The secure treatment program provides services to youth aged 12-18 who have severe and complex mental health issues and put themselves or others at serious risk of harm. Youth in this program are admitted through Family Courts across Ontario. Residents in the youth justice program range in age from 12-15 and are referred most often through youth courts in Halton, Peel and Dufferin with regular admittance from courts in Toronto and Simcoe Counties. The youth justice program also functions as a provincial resource for the placement of high-risk youth who require clinical support

and programming that other facilities are not able to provide. In addition to on-site educational programming provided by the Halton District School Board, SAYC offers over 20 different therapeutic programs and support groups based on the individual strengths and needs of each youth in care. All interventions are driven by extensive clinical assessments and developed from evidence-based best practices. Rehabilitation and treatment are the guiding principles of the work done by the multi-disciplinary professional staff at SAYC. This year, the youth at Syl Apps put on another tremendous holiday performance for families, staff, and Board to showcase their musical and creative talent and most recently the annual Powwow was held in celebration of hope, health, and mutual respect for all cultures and backgrounds.



CENTRAL EAST PRESCHOOL
AUTISM SERVICE

The Central East Preschool Autism Service (CEPAS) provides quality intensive behavioural intervention (IBI) to children who have been diagnosed as having an autism

spectrum disorder and who meet the criteria for program eligibility under the Ministry's guidelines as well as providing transitional support services for clients who are phasing out of the CEPAS program and entering into other community or home-based services. The goal of the CEPAS program is to help children achieve their greatest level of independence. CEPAS offers two service options to families whose children are eligible for IBI services - the 'Regional Program' - a service option wherein clinical programs and related costs are provided through CEPAS and its partner agencies and the 'Direct Funding Option' that provides some funding to families who wish to contract with their own private provider. This year, Kinark welcomed Lake Ridge Community Support Services as a new service provider in the regional program. In an effort to more efficiently and effectively address the needs of some of our families and children in service, Kinark and its service partners now operate 6 centre-based programs. The sustained increase in

diagnoses of Ontario's children on the autism spectrum continues to mean long and frustrating waits for families across the province to receive IBI services. Current wait time for families averages approximately one year. Parent advocacy has assisted in bringing the immediate needs of these children to the attention of the government and this year, Kinark nominated Nancy Morrison, a parent advocate for the Child Welfare League of Canada's Award of Excellence in Advocacy in recognition for her successful and sustained efforts on behalf of all families affected by autism. Additional funding was provided by the government this year to speed up the clinical assessment processes for families to ensure that only children who met the criteria to access government supported IBI funding were placed on the wait list and those who would not have qualified were not waiting unnecessarily. The CEPAS clinical team led by Dr. Anne Cummings, played an instrumental role in the training and program start-up of the Autism Quest program and Family Respite Services at the Kinark Outdoor Centre. Kinark continues to partner with families and Ministry officials to examine service demands, funding formulae and staffing supports to address the needs of this vulnerable population.

TRIPLE P

Triple P (or the Positive Parenting Program) is a unique, multilevel family intervention program for the prevention and treatment of behavioural and emotional problems in preadolescent children. Developed in Australia, Triple P is based on 25 years of research and assessment at the University of Queensland and is the latest in the range of Evidence-Based Practices to be offered at Kinark. In the Spring of 2004, a contingent of Kinark staff from our York and Simcoe programs participated in an intensive Train-the-Trainer model with colleagues from other children's service agencies in those regions. Triple P is a parenting and family support strategy that aims to prevent severe behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and confidence of

parents. The program is based on the philosophy of self-regulation. The goals are for children to develop emotional self-regulation and for parents to become resourceful, independent problem-solvers. As families determine their own particular goals, the program is further tailored to suit their aspirations. Practitioners consult and guide clients through active skills training and parents decide what they wish to take on. Triple P's motto is "small changes – big difference" and its various 'levels' are designed so that they can be adapted to meet the unique needs of each family. It has been proven to work effectively across a diversity of cultures, socio-economic demographics and family structures. Under the leadership of Dr. Brian Beech, Triple P will be piloted in York and Simcoe with future plans for roll-out across the agency.

School Support Program

The Kinark ASD School Support Program is one of the initiatives recently implemented by the Ontario Government to support school-aged children on the Autism Spectrum. The purpose of the program is to provide consultation to teaching staff and school board personnel in order to strengthen services to children and youth with an Autism Spectrum Disorder (ASD) who are students in Ontario's publicly-funded school system. The program does not provide direct services to children and youth but rather aims

to enhance the knowledge and skills of school board staff for effective, evidence-based behavioural teaching strategies to support students in the classroom. The program also serves as a link between schools, Boards of Education and community-based service agencies regarding issues pertaining to students with an ASD. To-date the ASD-SSP staffing complement is made of up 25 frontline consultants who work closely with the over 2300 schools within 11 school board districts. Strong and mutually-respectful partnerships with school boards, school administration and existing special needs personnel have been the driving force behind the successful implementation of this important initiative.

ISSP

Recently, Kinark along with its collaborative partner Associated Youth Services of Peel was awarded a contract to develop and deliver a pilot project called the Intensive Support and Supervision Program (ISSP) on behalf of the Ministry of Children and Youth Services. ISSP is specifically designed to serve youth who have been found guilty of an offence under the Youth Criminal Justice Act (YCJA) and who have a complex mental health and/or other special need(s). ISSP is targeted to serve those youth would be assessed as extremely vulnerable if placed in a custodial setting and who could in turn, be more appropriately supported and supervised in the community without jeopardizing public safety. Youth will be referred to the ISSP through a court-

ordered referral process and will undergo intensive clinical assessment to determine eligibility and service requirements. The ISSP program will be delivered by a multidisciplinary team from a collaborative group of service partners across Central Ontario, with the exception of the Central and North Toronto areas. Through its various treatment and support components, ISSP aims to more positively influence attitudes and behaviour and promote the development of appropriate social skills in the program participants. ISSP contains a range of crisis and on-going support services that will be tailored to meet the needs of individual youth and their families and include: augmented MST therapy, psychiatric consultation, residential stabilization, therapeutic outdoor education and respite services.

RAIN

The clouds darkened and
The air became cold

The air was thick
With moisture,
It started to rain
Hitting my face
The cool refreshing rain
The bang of thunder was
Deafening, the flash of lightening
Blinds me.

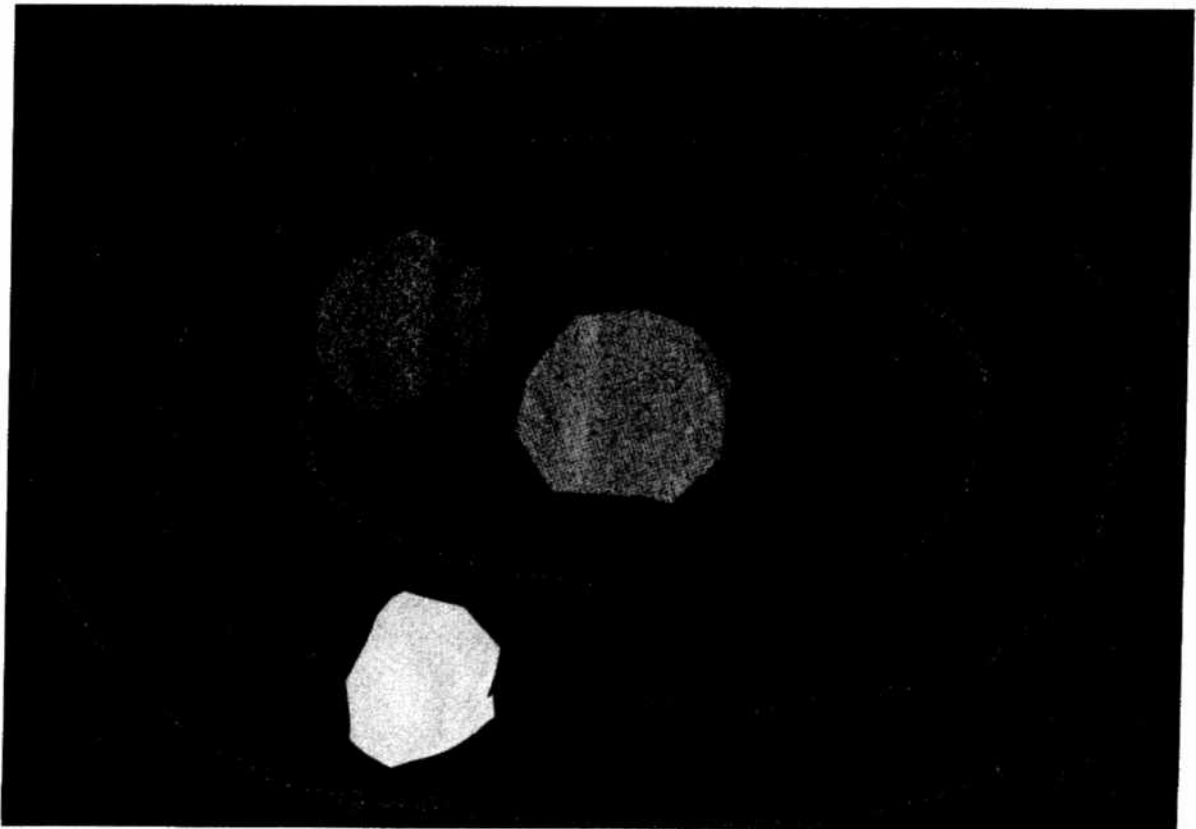
The cold wet rain begins to give way
And the clouds disperse like a bird
Taking flight
And a beautiful rainbow lights the
Sky with its radiant shine

Matthew, age 14

UNTITLED

I do what I must
You know what I'm talking about –
I trust
If you don't, I think I'll just shut out
In my life there is something I lack
It is something that I knock
Wondering when to smile
Thinking of the worlds building desire
She says I have some skill
Even though I'm not using my will
I'm living in a room without any view
I'm living free because the rents never due
The synonym of all the things that I've said—
Are just riddles that are built in my head
I think I've said enough
To grasp these things it must be tough
I will now give your brain a break
For both our brain's sake

Zachary, age 14



Nicholas, age 4

AUDITORS' REPORT

TO THE MEMBERS OF KINARK CHILD AND FAMILY SERVICES:

The accompanying condensed statement of financial position and condensed statement of operations are derived from the complete financial statements of Kinark Child and Family Services as at March 31, 2005 and for the year then ended on which we expressed an opinion without reservation in our report dated May 13, 2005. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guidelines of The Canadian Institute of Chartered Accountants, is to report on the condensed financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guidelines referred to above.

These condensed financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on Kinark Child and Family Services' financial position, results of operations and cash flows, reference should be made to the related complete financial statements.



Shore, Newman & Rose LLP

Chartered Accountants
North York, Ontario
May 13, 2005

CONDENSED STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31, 2005

	2005	2004
ASSETS		
Current Assets		
Cash on hand and in bank	\$ 5,686,324	\$ 1,682,123
Investments	166,887	153,832
Cash – held in trust	368,550	—
Sundry receivables	1,657,156	732,139
Employees payroll deductions refundable	—	6,265
Due from Ministry of Children and Youth Services	1,885,658	554,374
Prepaid expenses and sundry	90,932	23,031
	9,855,507	3,151,764
Deposit on leases	46,126	33,564
Capital assets	3,045,203	2,820,832
	12,946,836	6,006,160
LIABILITIES AND FUND BALANCES		
Liabilities		
Accounts payable and accrued liabilities	3,924,398	1,804,021
Accrued salaries payable	915,865	697,128
Employees payroll deductions payable	1,054,122	—
Deferred special contract revenue	1,196,597	841,907
Due to Ministry of Children and Youth Services	2,869,268	161,632
	9,960,250	3,504,688
Fund Balances		
Capital assets fund account	3,045,203	2,820,832
Central East Treatment Programs fund account	(368,705)	(482,625)
Central West Programs fund account	(145,499)	(141,641)
Central East Pre School Autism Service ("CEPAS") fund account	(108)	(62)
Autism Spectrum Disorder – School Support Program ("ASD-SSP") fund account	(1,468)	—
Child care centres' fund account	9,467	(57,033)
Donations and fund-raising fund account	447,696	362,001
	2,986,586	2,501,472
	\$12,946,836	\$ 6,006,160

COMBINED STATEMENT OF OPERATIONS

FOR THE YEAR ENDED MARCH 31, 2005

	General Fund Community Foundation		General Fund Programs		Total	
	2005	2004	2005	2004	2005	2004
Operating revenues						
Government funding	\$18,409,330	\$16,839,528	\$ 9,015,986	\$11,180,659	\$8,739,331	\$ 6,569,344
Other contract funding and user fees	2,705,811	2,479,848	750	9,720	1,500	—
Child care	—	—	—	—	—	—
Donations and fund-raising	—	—	—	—	—	—
Interest	30,345	32,658	—	11,863	30,345	—
Loss on disposal of capital assets	(156,862)	—	—	—	—	—
	20,988,624	19,352,034	9,016,736	11,202,242	8,771,176	6,569,344
Operating costs						
Salaries and benefits	13,853,943	14,526,565	7,072,393	8,874,312	5,102,383	971,111
General agency	1,051,540	599,162	243,395	203,114	318,071	32,745
Building occupancy	1,447,610	1,270,607	616,693	596,375	351,558	224,472
Staff travel and training	1,730,104	760,812	146,874	132,890	255,555	99,277
Clinical, professional and other client	1,475,026	1,144,204	395,382	635,323	2,618,849	5,082,724
Telephone, technology and equipment	739,566	601,235	165,708	322,836	105,266	73,000
Legal, audit and insurance	347,766	236,611	307,001	155,232	2,540	18,006
Amortization	229,387	222,842	153,365	148,492	47,241	39,721
Donations and fund-raising service use	—	—	—	—	—	—
	20,874,942	19,362,038	9,100,811	11,068,574	8,801,463	6,541,056
Excess (deficiency) of revenues over costs for the year	\$ 113,682	\$ (10,004)	\$ (84,075)	\$ 133,668	\$ (30,287)	\$ 28,288

ASD-SSP		Child Care Centres		Donations and Fund-Raising		Totals	
2005	2004	2005	2004	2005	2004	2005	2004
\$1,705,816	\$ —	\$ —	\$ —	\$ —	\$ —	\$37,870,463	\$34,589,531
638	—	—	—	—	—	2,708,699	2,489,568
—	—	1,474,090	1,466,620	—	—	1,474,090	1,466,620
—	—	—	—	274,923	234,107	274,923	234,107
30,345	—	—	—	—	—	91,035	44,521
—	—	—	—	—	—	(156,862)	—
1,736,799	—	1,474,090	1,466,620	274,923	234,107	42,262,348	38,824,347
853,051	—	1,181,666	1,395,804	—	—	28,063,436	25,767,792
66,260	—	41,064	5,362	67,182	104,906	1,787,512	945,289
8,759	—	77,071	81,845	—	—	2,501,691	2,173,299
125,143	—	1,621	187	—	—	2,259,297	993,166
14,375	—	97,554	106,215	—	—	4,601,186	6,968,466
177,685	—	7,725	9,088	—	—	1,195,950	1,006,159
—	—	889	916	—	—	658,196	410,765
147,898	—	4,926	5,375	5,103	6,990	587,920	423,420
—	—	—	—	122,046	184,987	122,046	184,987
1,393,171	—	1,412,516	1,604,792	194,331	296,883	41,777,234	38,873,343
\$ 343,628	\$ —	\$ 61,574	\$ (138,172)	\$ 80,592	\$ (62,776)	\$ 485,114	\$ (48,996)

NOTE: Complete copies of the audited financial statements are available upon request by calling
Kinark Child & Family Services, Corporate Office: 1-800-230-8533

VOLUNTEERING AT KINARK

OUR VOLUNTEERS EPITOMIZE WHAT IT MEANS TO WANT TO HELP SOMEONE BELIEVE IN THEMSELVES.

It's hard to imagine what Kinark would look like or where we would be without our volunteers. The volunteer program across the agency continues to flourish with more and more students, working professionals, retirees, moms & dads, grandmas and grandfathers, and other community members stepping forward – ready to make a difference in the lives of the children and youth in their communities. Our volunteers, whether working directly with children and families or lending their expertise on Boards or Committees, assisting with fund raising or advocacy or driving clients to and from appointments, all play an important role in the success of the agency and the positive outcomes with clients.

Our volunteers may not ask for recognition – but they sure deserve it.



JUMP, JUMP!

It's different when off the road
we follow
the rut in the land
and down the hill,

just around the bend
a tangle of bushes
and grassy puddles
indicates trouble ahead

Why be careful?
let's go
A big puddle
not too deep.

A bigger one next,
no, I can jump myself!
I believe you!
See?

Great!
wet feet
and lots to tell
later to your Mom

Are we going
back the same way?
when?
but,
we are going the wrong way!

Original artwork created by John Ernsting,
Respite Volunteer in Peterborough County

Poem and art inspired by a walk with a special friend near Peterborough.

THE NUMBERS SPEAK FOR THEMSELVES

	04/05	03/04	02/03	01/02	00/01
Direct Service Hours	18,722	17,496	17,551	16,049	18,544
Indirect Service Hours	3,008	1,409	1,522	1,093	991
Total Volunteer Hours	21,730	18,905	19,073	17,142	19,535

SOME NAMES TO GO WITH THE NUMBERS

Kieran Andrews	Larry Elmer	Yves Lafortune	Dick Risk
Perry Armstrong	Kristen Elmore	Sheila Legon	Kim Rumble
Wilma Armstrong	John Ernsting	Susan Leslie-Berkis	Roland Rutland
Terri Asselstine	Reina Ernsting	Pat Little	Rima Samad
Brian Barrington	Reverend Gordon Finney	Steven Lorrain	Claudia Schweiger
Aja Bax	Agatha Firek	Sheila Masters	Rod Shantz
Lindsay Best	Lisa Fuller	Darci Maude	Jessica Sharpe
Dale Biddell	Ali Ghayyur	Newton Matthews	Melissa Shipp
Adam Borgida	Jason Gifford	Yvonne McDougall	Sandy Sillcox
Elizabeth Brannigan	Tyler Goodmurphy	Rick Mili	Deanna Simpson
Jamie Breedon	Ken Grant	Kelly-Ann Miller	Elizabeth Spence
Megan Broome	Bud Greasley	Julie Morris	Susan Steeves
Erik Buckland	Duncan Greene	Gail Morrison	Deidre Stuart
Kathleen Campbell	Paul Guilfoyle	Ingrid Nachtrieb	Lindsay Tait
Mary Campbell	Robert Hamilton	Dawn Nichols	Paul Tait
Donna Marie Chalmers	Erin Hazeldine	Kemi Ogunmefun	Melissa Tapscott
Rev. Paul Charbonneau	Nigel Heels	Joanne O'Sullivan	Chris Thompson
Jessica Clark	Goodith Heeney	Earl Paquette	Bev Thomson
Andrea Clarke	Martha Hodge	Lynsey Peever	Paula Valentine
Bill Clarke	Brenton Hoffman	Jeff Pelletier	Melissa Vantour
Nancy Coffin	Tonya Hopkinson	Margaret Pelletier	Katie Walker
Karen Copson	Harry Horbay	Katie Percy	Mark Walsh
Jenna Couvier	Mary Hunter	Corville Peters	Nicholas Weber
Sonia Crook	Ted Hunter	Martha Peters	Natalie Werner
Carl Currie	Jennifer Hutchinson	Gregory Pomroy	Cindy Wilson
Cyndy DeGiusti	Martin Jones	Tammy Quilty	Kate Wilson
Rachael Donovan	Ikuyo Kikusawa	Kate Ramsay	Maura Wingle-Land
Stephen Dooley	Ed Kirk	Tamara Rice	Elaine Wright
Beth Doyle	Shari Ladwig	John Ricker	Heather Yoshiki

WE ACKNOWLEDGE AND THANK THOSE VOLUNTEERS WHO WISHED TO REMAIN ANONYMOUS.

FROM JOHN TO DYLAN

- D Doing his best to outsmart me in all games. He is goood!
- Y Yelling. Supper is great!
- L Laughing, sometimes
- A At himself
- N Neat guy
- M Making supper together
- Y Y not? Always ready for action
- S Swimming like a fish
- P Perceptive and very observant
- E Excellent reader
- C Courteous and considerate
- I Inspiration to me
- A Always keen on learning new things
- L Laid back but also driven to new heights
- F Fost in drying dishes (super fast, actually)
- R Rapid learner
- I Incredibly good mechanic
- E Energetic
- N Never stuck for words
- D Dam good friend

FROM DYLAN ABOUT JOHN

- J Jokes we play
- O O-Henry bars are poo to the chips John buys
- H Hungry? Yeah after the trip we went on
- N No to drugs, Yes to Coca Cola. Hey wait! Aren't they the same?
- M Move over! My time to sit in the Lazy-Boy chair
- Y Y can't he find me. I find awesome hiding places.
- S Super pal
- P Personal annoyner
- E Electric friendship
- C Cool character
- I Interesting family
- A Art is one of his good sides
- L Loser - I have a feeling he may beat me in a board game some day
- F Fried food
- R Reader. Likes books like me
- I Interesting things we build out of mechano
- E Equal in some games. I beat hom many times
- N No it's my turn to cook!
- D Does he work? Yeah, geologist, artist and analyst and special friend

VOLUNTEERS OF DISTINCTION

FROM OUR TEAM OF VOLUNTEERS, EACH YEAR WE CHOOSE TO HONOUR THOSE WHOSE CONTRIBUTIONS CONTINUALLY LEAVE US IN AWE. THESE ARE OUR VOLUNTEERS OF DISTINCTION.



Aja Bax

A special friend to Ashley since 2004, Aja is described as a friend, playmate, confidant and someone you can depend on. Aja and Ashley spend a few hours a week together swimming, window shopping, working on school assignments, or just plain old hangin' out. With the encouragement of Ashley, Aja rediscovered her love of tobogganning reminding her of the simple pleasures of being a kid again. In her day job, Ashley looks after the caregiver relief program at Community Care Peterborough working with seniors and other volunteers to deliver programs like Meals on Wheels - you could say that helping others is truly in her blood!



Nigel Heals

Nigel and Brandon, age 10, have been buddies since November 2003. Nigel is a police foundation student at Sir Sandford Fleming College in Peterborough and believes that he is the one on the winning end of the stick when it comes to volunteering. He has used his time with Brandon to develop his skills in working with high needs youth, conflict resolution, and time management. Nigel is grateful for the enriching experiences volunteering at Kinark has provided him. Ask Brandon and he'll tell you he's just grateful that Nigel has been in his life for the past couple of years and "even though he'll be moving away soon, I believe we will always be special friends."



John & Reina Ernsting

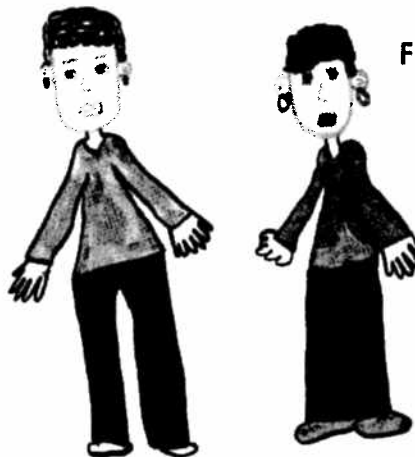
Nominated by Dylan's Mom, John and Reina have been a respite host family in support of Dylan and his family for 2 years. The Ernstings have built a special bond between their family and Dylan's. Their involvement with the local Big Brothers Association has also meant that Dylan can share his experiences with a peer. No one could say it better than Corinna when she says that John and Reina are "extra special. They go above and beyond what you would expect from volunteers, involving Dylan in the many wonderful aspects of their lives and providing him new and exciting adventures."



Alan Morin

Chandler writes: "My best friend Alan is the best. We love all the same stuff like music, sports, and video games. He never lets me down. He never changes plans when when we have something set and always likes taking me out. Alan always wants me to present myself decently as I will be representing Kinark. WE love going to the Kinark bowling and Christmas party. He treats me great - like I'm not a kid and he never gets mad. I think that is because he is respectful of me. Him and I could be friends forever." We could not have said it better, Chandler.

Thank-you
Carla - And
JCKie.



FROM NATALIE

Sister Margaret Pelletier

After relocating to the Cobourg area in 2003, Sister Margaret Pelletier knocked on the door of the Northumberland program expressing her interest in continuing to help and give of herself to others. Her unselfish attitude and constant desire to give to others has been a wonderful gift for our clients. Sister Margaret has been pivotal in providing a supper to the families who are enrolled in our Incredible Years group, ensuring all are nurtured through this time together. She also provides support to the children in the group and demonstrates unfailing enthusiasm, humour and caring. Sister Margaret has a contagious perspective on the value



of life and the beauty of the human spirit.

Melissa Tapscott

During the first 2 1/2 years as a volunteer, Melissa has fulfilled a number of roles in the Northumberland Program. Her enthusiasm, unwavering smile, and willingness to help out in any way she is needed, has truly earned her extra recognition and the title of volunteer of distinction. Melissa has helped out in two treatment groups, bringing her enthusiasm and support to boys with social skills deficits. In addition, Melissa continues to be matched as a special friend to a teenage girl who with Melissa, has finally found the consistency and support she was lacking in a history of unstable family relationships.



Jeff Pelletier

Durham's own "Jeff Of All Trades" volunteer was referred to Kinark by another local agency. Jeff was looking for something to 'fill his time' - we've managed to fill up 8 years so far. No task is too small or too demanding for Jeff. Jeff is always on hand to support Bruce, Durham's residential maintenance person. He's a tree planter, a renovator, an office support worker, an organizer. The staff are in awe of Jeff when, with the patience of Job and a great sense of humour, he stands by the photocopier (which has a mind of its own, we are told) and copies huge manuals and reference materials in between paper jams and toner changes and misfeeds. Everyone should be so lucky to have a "Jeff" on their Volunteer Team.



Nick Weber

Zac, age 9 has been matched with Nick for two years and is amazed that Nick has the time to spend with him because "he already works and goes to school". Zac says that Nick is nice and funny he just likes hanging out - going to movies, playing cards, taking him to McDonald's or playing outside. Nick, originally from the Kitchener-Waterloo area is attending Trent University and ultimately would like to become a teacher. He is a seasoned volunteer who has done work in the past with children with Down's Syndrome and currently also devotes some time as an educational assistant at a local public school. Ask Nick why he volunteers and he'll tell you "If I'm not volunteering, I feel something's lacking in my life."



Paula Valentine & Martin Jones

If you're ever looking for Martin or Paula on a Tuesday from 3-5 PM look no further - you'll find them at Syl Apps. They're at our centre faithfully volunteering with our youth each week. Since 1988, Paula and Martin have been exceptional role models for the youth at Syl Apps, leading by example. They are accepting, caring, reliable, respectful, and supportive. In their time as volunteers that have worked with the youth on a 1:1 basis or in a small groups providing them with the opportunity to take part in spiritual counseling/teaching. They have facilitated community outings to their local church for Sunday mass. and assist with holding a chapel service once a month for our youth and staff. Before we even get the chance to ask for support during the holiday season with donations, they have already taken the lead on organizing gift donations from their church.

FUNDERS & SUPPORTERS

In addition to the ongoing 'base funding' Kinark receives from the Provincial Government, Kinark relies on the generosity of individuals, families, staff, corporations, foundations, service clubs, community groups and other agencies/organizations to assist us in making our programs and services as positive an experience as possible for children and families. Many of the successful innovative programs offered at Kinark on an ongoing basis today, were once originally supported as pilot projects through donations and fund raising efforts supported by people and organizations like those listed below. Every donation - large or small, monetary or gift-in-kind, helps children, youth and their families to successfully make it through difficult times. On their behalf, we thank you.

FUNDERS

MINISTRY OF CHILDREN AND YOUTH SERVICES

MINISTRY OF THE ATTORNEY GENERAL

GRANTORS

Government of Canada — Department of
Canadian Heritage, Ontario Region
Green Shield Benefits Association
Haliburton County Development Corporation
Human Resources Development Canada —
Summer Career Placement Program (SEED)

Imperial Oil Charitable Foundation
Ministry of Children and Youth Services —
Early Years Challenge Fund (Peterborough)
National Crime Prevention Strategy
Norman Black Foundation
Ontario Trillium Foundation

Regional Municipality of York (CDIF Funding)
United Way of Ajax-Pickering-Uxbridge
United Way of Peterborough & District
Northumberland United Way
United Way of York Region
United Way of Greater Simcoe County

DONORS

Linda Aihoshi
Hilary Allen
Anndale Properties Ltd.
Ada Lee Barker
Louise Bennett
Lisa Best
BLG Foundation
Derek Brittain
Nicole Brittain
Gwendolyn Brown
Jacquie Brown
Eloise Bucholtz
Ron Cambridge
Camp Ponacka Inc.
Canadian National Exhibition
Casino Rama
City of Peterborough
William Clarke
Nancy Coffin
Robin Cooke
Matt Coombes
Jeff Crowley
CUPE Local 2860
Ian M. Donald
Jane Dawes
Cyndy DeGiusti
Tracy Dettman
Joseph Dibacco

Frances Donovan
Shirley Eggleton
David and Catharine Gallop
Rosemary Ganley
Laura Gardonio
Morag Gilchrist
Patricia Giles
Stephen Greene
Joe Haynes
Goodith Heeney
Isabel Henniger
Lynn Horton
Edward Hunter
Huron Communities Foundation
IT Weapons
John Inthavixay
Brett Jackson
Michael Jeanneault
Ronald H. Johnson
Edward A. Kirk
Patricia Knapp
Liz Laidlaw
Michael Lane
Lari Langley
Suzanne Lanthier
Susan Leslie-Berkis
M&M Meatshops (Kerina Elliott)
Julie Masotti

Sheila Masters
Jim McHardy
Diana McLeod
Beth McMaster
Josephine Mewett
Rick Mili
Peter Moore
Rick Morris
Moe Mulvany
Doris Neufeld
Northumberland Family Respite Svcs
Kevin Nugent
OPG Employees' & Pensioners'
Charity Trust
Michael Pameli
Catharine Park
Pilkington-Henniger
Charitable Trust
John Prentice
Leslie Radforth
Kathleen Ramsay
RBC Charity Trust
Richard Risk
Bruce Robertson
Perry & Clare Safford
Paul Schofield
Shannan Scott
Rod Shantz

Shore, Newman & Rose
Linda Slavin
Bryan Smith
Warren Smith
Mary Snack
Joan Soloninka
Dena Staikos
Nitsa Staikos
StonCar Group
Kathy Stauffer
Kim and Larry Stumpf
Sylvia Sutherland
James Taylor
Anna Taylor Caleb
Toronto Raptor's
Give-a-Kid-a-Game
Dawn Van Sickle
University of Guelph
Outdoors Club
Mark Walsh
June Whiteman
Howard Williams
Gillian Wilson
Kate Wilson
M. Wilson
Winners
Sarah Worgan
Simon Worgan

as well as a number of donors who chose to remain anonymous

Supporters of the Goodith Heeney Staff Training and Development Fund

This fund was established in honour of Goodith Heeney extraordinary community volunteer and champion of Kinark's Peterborough Programs and Staff.

Jill and Peter Adams	Joan Higginson	Frannie Plaunt
Daniel and Stephen Bateman	Ted and Glenda Hunter	Dr. Percival and Beverley Powles
Deborah and Michael Berrill	Alan and Jenny Ingram	Bob Rae and Arlene Perly Rae
Bernard and Ruth Blishen	Anna and Iain Jamieson	Kate and Alex Ramsay
Constantin Boundas	Ron and Mary Jo Johnson	Sigrid and Douglas Rishor
Kathleen Bowley	Ron Johnson and Kerry McCool	Dick Risk and Gail Morrison
Barbara and John Burbidge	Justice Karen E. Johnston	Tom, Ellen, Will and Georgia Robinson
Susan Calder	Gordon Johnston and Avril Rustage-Johnston	Stuart Robson and Mariel Grant Robson
The Calendar Girls	Annie and Richard Johnston and Family	Gretchen and Donald Ross
David and Stevie Cameron	Angie Killoran	Suzanne and Lionel Rubinoff
Iswar and Anima Chakravartty	Paul and Barbara Kyselka	Dick and Joan Sadleir
Rob and Wendy Chambers	Yves and Janet Lafortune	Ian Sandeman
Ian Chapman	P.J. and Joyce Lewis	Dawn and Denis Smith
Erica Cherney	Bruce Lister	Nancy Smith and Jeff Marshall
Bill Clarke	Sally and Kim Little	Jim and Nancy Smyth
Graham Cogley	Jack and Dorothy Lodge	Robert and Sibyl Stairs
Richard Dellamora	Nonie and Vaughan Lyon	The Standen Family
Margaret-Ellen Disney	Nancy Martin	Tony Storey
Roy and Joy Edwards	Anna and Douglas McCalla	Tom and Christine Symons
Geoffrey and Martha Feilding	Sharon and Harvey McCue	John and Katie Syrett
Gordon and Adele Finney	The Honorable R. Roy McMurtry	Anna Taylor Caleb
Finn and Gayle Gallagher	Barbara and Orm Mitchell	Prof. Donald F. Theall
Bruce Gibson	The Montreal Wrights	Muriel Thomas
David Glassco and Gail McLaren	Carl Moore and Trish Graham	Stella Thompson
Christopher and Janet Greene	Bill and Betty Morris	Ann Tottenham
Susan and David Hadden	David Morrison and Alena Heitlinger	Florence Treadwell
The Heaton Family	Lynn and James Neufeld	Fred and Annette Tromly
Matt, Polly and Molly Heeney	Jean Nind	Mary Truslow
Tim and Shuna Heeney	David K. O'Dell	Marnie Wilson
Michael Heeney and Hilary Meredith	Elisabeth M. Orsten	Paul and Gillian Wilson
Isabel and Jim Henniger	Bonnie Patterson	

as well as a number of donors who chose to remain anonymous

We honour the memory of Mohammad Anwar (Shaida) Shefa (father of employee, Wassay Shefa) for whom an 'in memorium' donation was made by the Durham Program Staff.

Special thanks to the following businesses for their support of our Nevada Lotteries:

MAC's Convenience Stores Inc. (Jarvis Street, Toronto)

Aaron Artistry and Design (owner: Kristy Rouleau)

**We thank the following agencies and individuals for their support of the
Krista Sepp Memorial Awards:**

Ontario Association of Child and Youth Counsellors

Children's Mental Health Ontario

Ontario Association of Children's Aid Societies

Ontario Association for Residences Treating Youth

Bayfield Homes

Dr. H. Bruce Ferguson

Kate Greca

Madame Vanier Children's Services

The Children's Aid Society of Metropolitan Toronto

The George Hull Centre for Children

The Hincks-Dellcrest Centre

The Whitby Mental Health Centre Child and Youth Worker Council

Winnifred Plummer



FAMILIES' FEEDBACK

As part of our commitment to service quality and effectiveness, Kinark distributes client satisfaction questionnaires to clients and families after they have completed service with us. Here are some of their comments.

"My daughter no longer presents as helpless and hopeless. When she is having a rough time, she is empowered and well-equipped to deal with it."

"I recognize that I don't have a 'bad boy' as some of his caregivers told me. I have a very special boy who has many good qualities to offer if we can understand his world."

"I was treated with respect and my concerns were taken seriously. I was actually listened to and given positive feedback."

"The thing I liked best about Kinark were positive changes within my parenting skills and the wonderful support and encouragement from our worker. The results with my son have been astonishing."

"If I could change one thing about Kinark it would be the waiting period to become involved."

"You really helped my understand my kids better."

"Our counselor understands our needs and is able to respect our family background, culture and the expectations we have within our family. I'm not sure how our family would get through without the support from Kinark."

"I wish that there was not the stigma attached to seeking and getting help in raising 'challenging' children. I am thankful to have help available."

"My child has made a 100% turn for the better. I sometimes wonder if this is the same child. I thank God for Kinark and their counsellors that were there for my family - not only for my child but for all of us."

"When there was little, or no hope, and other agencies had failed to see our crisis, your agency was there to pick up the pieces and help us to all function again and re-unite us as a family - and help keep us together, with counselling, good direction, resources, funding and a wonderful and dedicated team of workers. We are forever thankful."

"I understand there are so many kids in need of help but if there was one thing that could be changed it would be a lot shorter waiting time for counselling."

STAFF SERVICE AWARDS

380 full time and 302 part-time, casual and relief staff form the team that is Kinark. While we would like to recognize the entire team in print, space limitations restrict us to noting those staff that are celebrating service year anniversaries.

The equation is plain and simple: Kinark's reputation for providing the best in children's services programming is due to the dedication and professionalism of our staff. We salute you.

5 YEARS

Margaret Bateman	Simcoe	Stephanie Marsden	York
Rhonda Bell	PTBO	Kyla Maynard	York
Sharon Bookalam	Simcoe	Melissa McNutt	Durham
Nancy Burns	Durham	Bruce Middleton	KOC
Melanie Caron	Durham	Nenad Nenadovic	York
Cathy Comer-Cook	York	Tina Newman	KOC
Ingrid DeSouza	York	Gord Newman	PTBO
Angela Didomenico	York	Bernadette Nepp	York
Frances Donovan	Durham	Mette Ormsby	York
Tracy Ebbett	NLAND	Connie Sainthill	NLAND
Wade Evoy	Simcoe	Matt Sheridan	PTBO
Sherry Frosh	York	Ruth Simmonds	Simcoe
Jonathan Golden	York	Mary Stachowski	York
Cheryl Graves	York	Ginger Stewart	Durham
Julie Hart	PTBO	Silvia Susac	PTBO
Jocelyn Herrett	NLAND	Alpar Szotoryi	Simcoe
Marie Hill	Simcoe	Jennifer Teefy	Durham
Shirley Hussey	York	Sarah Thompson	Simcoe
Sajjad Jaffery	PTBO	Shannon Van-Dyk	Simcoe
Jocelynea Jeanneret	NLAND	Diane Vandorp	NLAND
Allison Johnson	York	Jim Vanschie	York
Andrea Klaring	York	Joanne Warbrick	PTBO
Shawna Lee	York	Corrinne Whittley	Simcoe
Sharon Lefaive	Simcoe	Mandy Wills	York
Daniel Li	York	Linda Zamperin	York
Heidi Lipp	Simcoe	Francine Zander	York
Elizabeth Mafra	York		

10 YEARS

Don Bocking	PTBO	Jackie Allan-Dougan	Simcoe
Alison Bruce	KOC	Darlene Babcox	Simcoe
Helen Casmey	PTBO	Bud Balloi	Simcoe
Elaine Clarke	York	Terri Baumer	Simcoe
Maureen Cloughton	York	Susan Blair-Drouin	Durham
Larry Danilewitz	York	Michael Blais	Simcoe
Jane Dawes	Corporate	Michele Buckley	PTBO
Michelle Dickinson	York	Ron Cambridge	PTBO
Debora Gooch	Durham	David Chantler	Simcoe
Annette Goode	York	Bernadette Copeland	Simcoe
Stephanie Hobbs-Godina	Durham	Dawnmarie Cowx	York
Gwen Hook	NLAND	Vickie Dickinson	NLAND
Deborah Horn	PTBO	Lorraine Doucet	PTBO
Brenda Howard	Durham	Christine Dowdall	Simcoe
Rob Hutchinson	Simcoe	Penny Earl	PTBO
Kristine Koster-Lilley	PTBO	Marcia Franz	Simcoe
Marie Laronde	Simcoe	Ann Gifford	Durham
Pat Lynch	KOC	Gail Hamelin	Simcoe
Nancy Maskell	Simcoe	Rachel Hannah	PTBO
Marlene McAuley	York	Alla Hirsch	Simcoe
Monika McLaughlin	Syl Apps	Paul Maynard	Simcoe
Gunther Nocon	NLAND	Becky McPherson	NLAND
Judith Redmon	York	Jennifer Morgan	York
Joanne Reilly	Durham	Lisa Nedjelski	Durham
Cathy Romagnuolo	York	Boulah Osei	York
Mary Ann Tomlinson	York	Kevin Snow	Simcoe
Dawn Van Sickle	Corporate	John Soars	PTBO
Vivian Van Wagner	Syl Apps	Lisa Varnam	York
Bill Vandyk	Syl Apps	Ben Veenhaf	York
Carla Vant Erve	Simcoe	Lisa Walker	PTBO
D. Eleanor Wallace	York	Tracy Widdicks	Simcoe
Heather Wilson	York		

15 YEARS



40 YEARS VERNA DRONYK

Verna began her career at Kinark (then Warrendale) a mere 2 days after graduating as a Registered Nurse from Sarnia General Hospital Program. The positions she has held over the years include Child Care Worker, House Supervisor, Assistant Program Director, Nurse and currently, she is a valued member of the Central Intake Team. She credits the camaraderie and support of her fellow staff as two of the key reasons for her longevity with Kinark. A number of her former clients still keep in touch with her — that's true testament to the impact she has had in the lives of countless children, youth and families. Verna remains as dedicated and as passionate today as she has ever been. We acknowledge and thank her for her extraordinary commitment.

20 YEARS

Pat Jackson	York
Kathie Marchildon	Simcoe
Julie Masotti	Corporate
Jim McHardy	KOC
Evert McIlwain	Durham
Alan Vallillee	PTBO

25 YEARS

Merle Chittick	Corporate
John Fiddes	Simcoe
Diane Start	York

30 YEARS

Jacquie Brown	York/Simcoe
Peter Moore	Corporate
John Hewer	Corporate

*Note: Some staff chose to remain anonymous

MISSION STATEMENT

To strengthen the well-being of children and their families, thereby contributing to safe and healthy communities.

We seek to achieve this goal by being a provider of choice in the delivery of the highest quality services to our clients in partnership with community resources.

Kinark is committed to achieving its mission in an environment of diversity and inclusion.

PHILOSOPHY OF SERVICE DELIVERY

At Kinark, we believe that -

- Every child is a unique human being with basic human needs.
- We believe services for children must be efficient and effective.
- They must be available WHEN they are needed, HOW they are needed and WHERE they are needed.

We further believe that -

- The highest standard of ethics must be maintained in our relationships with children, families, staff and communities.
- Children have great adaptive capacity and resiliency, which enables them to overcome hardship, abuse and neglect. We must never give up on children - no matter how difficult the problem, no matter how serious the issue - we will do our best to make a positive difference in their lives.
- Children's difficulties should be treated in a normalized living environment with an orientation towards health, assisting them to develop to their fullest potential. We focus on children's strengths and assist them in their areas of weakness. Services must be provided in the least intrusive environment.
- The needs of children are best met within the context of their families and wherever possible we must involve the whole family in helping to develop solutions and strategies that work for them.
- Children have a right to live and receive services in their home communities. We should be involved in the community and work co-operatively with all of our communities.
- Diversity of clients and families must be respected and we will strive to ensure that appropriate services and treatment methods are in place to address the unique needs of our client populations.
- Kinark must act as an advocate for children and their families. As well, advocacy for improved services for children and families is an important part of our mandate.
- Prevention must be an integral component of service provision at Kinark to enhance protection of children who might otherwise be at risk. We believe that effective prevention strategies give children who are at risk a greater opportunity to achieve their full potential.
- Kinark must have an efficient, effective, humanized administrative structure to provide support to our treatment program.
- Communication at all levels must be timely, open and participatory.

BOARD OF DIRECTORS

President

William H. Clarke

Past President

Cyndy DeGiusti

Vice President

Sheila C. Masters

Vice President

Mark Walsh

Treasurer

Ed Kirk

Secretary

Larry Elmer

Members

Dale Biddell

Adam Borgida

Nancy Coffin

Rick Mili

Kemi Ogunmefun

Joanne O'Sullivan

Earl Paquette

Roland Rutland

Kate Wilson

Community Representatives on Board Committees and Task Forces

Duncan Green

Bud Greasley

Susan J. Leslie-Berkis

John Ricker

Rod Shantz

Sandra Silcox

Beverley Thomson

PROVINCIAL MANAGEMENT

Peter Moore

Executive Director

Jane Dawes

Director, Human Resources

Dr. Richard Meen

Clinical Director

Jacquie Brown

Area Program Director York Region & Simcoe County

Barbara Curwen

Program Director Central East Preschool Autism Service

Frances Donovan

Program Director ASD-School Support Program

Bob Kerr

Area Program Director Durham Region

Laurie Marsan

Area Program Director Northumberland County

James McHardy

Director Kinark Outdoor Centre

Jane Rounthwaite

Director (interim) Corporate Services

Andy Shepherd

Director (interim) Syl Apps Youth Centre

Alan Vallillee

Area Program Director Peterborough County



Kinark

CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING

Corporate Office

500 Hood Rd., Suite 200
Markham, ON L3R 9Z3
T: 905-474-9595
TF: 1-800-230-8533
F: 905-474-1448

CENTRAL INTAKE - INFORMATION

1-888-454-6275 (1-888-KINARK)

E: info@kinark.on.ca

W: www.kinark.on.ca

Durham Region

1916 Dundas St. E., Unit 2
Whitby, ON L1N 2L6
T: 905-433-0241
TF: 1-888-454-6275
F: 905-432-0916

Northumberland County

20 Strathy Rd., Unit 3
Cobourg, ON K9A 5J7
T: 905-372-4361
TF: 1-800-230-8531
F: 905-373-1382

Campbellford Memorial Hospital
146 Oliver Rd., Rm 254, 2nd Floor
Campbellford, ON K0L 1L0
T: 705-653-4208
TF: 1-800-230-8531
F: 905-373-1382

Peterborough County

380 Armour Rd., Suite 275
Peterborough, ON K9H 7L7
T: 705-742-3803
TF: 1-800-386-6561
F: 705-743-4144

Simcoe County

34 Simcoe St.
Barrie, ON L4N 6T4
T: 705-726-8861
TF: 1-800-230-8534
F: 705-739-9748

P.O. Box 338, 354 King St.
Midland, ON L4R 4L1
T: 705-526-3708
TF: 1-800-230-8529
F: 705-527-1268

York Region

1100 Gorham St., Unit 12
Newmarket, ON L3Y 8Y8
T: 905-898-4572
TF: 1-900-230-8530
F: 905-836-2890

600 Alden Rd., Suite 200
Markham, ON L3R 0E7
T: 905-479-0158
TF: 1-800-283-3377
F: 905-479-2364

45 Atherton Crescent
Keswick, ON L4P 3M6
T: 905-898-4572
TF: 1-800-230-8530
F: 905-476-4617



CENTRAL EAST PRESCHOOL
AUTISM SERVICE

600 Alden Rd., Suite 200
Markham, ON L3R 0E7
T: 905-479-0158
TF: 1-800-283-3377
F: 905-479-2364
www.kinark.on.ca/autism.htm



Syl Apps
Youth
Centre

475 Iroquois Shore Rd.
Oakville, ON L6H 1M3
T: 905-844-4110
F: 905-844-9197
www.kinark.on.ca/sylapps.htm



Kinark Outdoor Centre

P.O. Box 730
Minden, ON K0M 2K0
T: 705-286-3555
TF: 1-800-805-8252
F: 705-286-6184
E: info@koc.on.ca
www.koc.on.ca



500 Hood Rd., Suite 310
Markham, ON L3R 9Z3
T: 905-474-9595
TF: 1-800-230-8533
F: 905-474-3270

