

MINUTES
SENIORS' ADVISORY COMMITTEE
March 10, 2015
3:00 P.M. – 5:00 P.M.

Attendance: Gail Leet, Christine Wong, Jaswant Dhanjal, Manickampillai Velauthapillai, Balasunderam Ponniah, Yash Kapur, Ramma Chabra and Katy Kwan
Guests: Mary Charbonneau, Lifestyle and Outreach Consultant of Glynwood Retirement Residence
Staff: Kiran Saini, Legislative Coordinator, Emma Girard, Production and Advertising Coordinator, Jason Tsien, Community Manager and Janet Beatty, Recreation Coordinator.
Regrets: Councillor Colin Campbell, Regional Councillor Nirmala Armstrong, Councillor Amanda Collucci, Angela Morris, Faiz Mohyuddin, Asad Shariff

Item	Discussion	Action Item
1. CALL TO ORDER	The Seniors Advisory Committee convened at 3:09 PM with Gail Leet presiding as Chair. Gail Leet welcomed Kuo, a member of the community to the meeting.	
2. APPROVAL OF THE FEBRUARY 10, 2015 SENIORS' ADVISORY COMMITTEE MEETING MINUTES	Moved by Yash Kapur Seconded by Katy Kwan That the minutes of the February 10, 2015 Seniors' Advisory Committee be approved as distributed. Carried	
3. GLYNNWOOD RETIREMENT RESIDENCE	Gail Leet welcomed and introduced Mary Charbonneau, Lifestyle and Outreach Consultant at Glynwood Retirement Residence in Thornhill. Mary Charbonneau delivered a presentation on the Retirement Home to the Committee and answered a number of questions pertaining to the administration and location of the facility. She provided information on the services provided and the benefits of living in any retirement home in Markham. Her facility is pet friendly and provides fully assisted living accommodations. Mary Charbonneau invited all Committee members to lunch and a tour. An invitation with a date will be forthcoming.	

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4. OLDER ADULT STRATEGY	Jason Tsien provided an update on the Older Adult Strategy. The City is currently in phase one and is investigating the services that are required now and evaluating those required for the future. There was discussion on the consultant's role in developing an Older Adult Strategy. Council has approved a budget for the consultant, and staff have recently submitted an application for a provincial grant. If the provincial grant is approved, both funds will be used in combination to facilitate the development of an Older Adult Strategy. There was significant discussion on the localization of Older Adult Strategies. Jason Tsien discussed the next steps with the Committee and advised that staff are working on a procurement plan for the consultant and will be bringing a draft to the Committee in the coming months. He was invited and advised that he will attend each meeting going forward to provide updates on the developing framework.	
5. HEALTH & WELLNESS FAIR	Janet Beatty provided the Committee with two optional dates for the Health and Wellness Fair. The Committee agreed that Thursday, November 5, 2015 would be suitable. The event will be held at Thornhill Community Centre and the Committee will have access to the area beginning at 9:00 am to allow for set up. Ideas were discussed for the fair and it was noted that this would be an information session or it could be an interactive workshop. The Committee agreed that they would like this to be an interactive and exciting event for the attendees to enjoy. Gail Leet advised the Committee to begin thinking of ideas for the Fair as well as Keynote Speakers and that the Committee should begin planning this event as soon as possible. Updates of the initiative will be sent to the attendees from last year's symposium.	Committee to brainstorm ideas for the health & wellness fair.

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6. MARKHAM LIFE	Emma Girard advised that Markham Life magazine will be distributed April 23, 2015. Ramma Chabra advised that she would be interested in providing information for inclusion in the Markham Life magazine. She will send this information and picture(s) to Emma Girard by March 16, 2015. An update on the seniors section within the magazine was provided and it was noted that the senior's extravaganza will be included in the fall edition of Markham Life. The deadline to include information in the fall edition is April 2015. There was discussion on including a "save the date" advertisement for the Senior's Health and Wellness Fair to be held in November.	Ramma Chabra to provide information to Emma Girard by April 16, 2015.
7. NEW BUSINESS	There was no new business.	
8. ADJOURNMENT	The Seniors' Advisory Committee adjourned at 4:49 PM.	