

## Seniors Advisory Committee

August 9, 2016

3:00 PM – 5:00 PM

Canada Room

### Minutes

**Attendance:**

Regional Councillor Nirmala Armstrong  
Ramma Chabra, Vice-Chair  
Diane Gabay  
Laila Jiwa  
Katy Kwan  
Gail Leet, Chair  
Dr. Devendra Mishra  
Faiz Mohyuddin  
Asad Shariff  
Sajeda Shirazi  
Christine Wong

**Regrets:**

Councillor Colin Campbell  
Councillor Amanda Collucci  
Yash Kapur  
Bala Ponniah  
Manickampillai Velauthapillai

**Staff:**

Janet Beatty, Recreation Coordinator  
Michael Blackburn, Marketing & Communications Advisor  
Kiran Saini, Legislative Coordinator, Committee Clerk

Item	Discussion	Action Item
<b>1. Call to Order &amp; Disclosure of Pecuniary Interest</b>	The Seniors Advisory Committee convened at 3:06 PM, with Gail Leet presiding as Chair.  No disclosure of pecuniary interest was declared.	
<b>2. Approval of the May 10, 2016 and June 14, 2016 Seniors Advisory Committee Minutes</b>	Moved by Christine Wong Seconded by Ramma Chabra  That the minutes from the July 12, 2016 Seniors Advisory Committee meeting be adopted.  Carried	

<b>3. 2016 Health Fair</b>	<p>Janet Beatty advised that 7 tables have been confirmed for the Health Fair. 90% of the vendors confirmed have attended the previous Fairs. The Fair is being advertised in Markham Life.</p> <p>Gail Leet advised that the vendor showcasing the recycled milk bags will not be in attendance.</p>	
<b>4. Older Adult Strategy</b>	<p>Janet Beatty provided an update on Jason Tsien's behalf; she advised that all Committee Members should encourage their friends and family (over the age of 45) to complete the survey.</p> <p>Diane Gabay, Ramma Chabra and Gail Leet noted that they attended a meeting regarding older adults in York Region in mid-July. Discussion ensued regarding plans for older adults for the next 20-30 years and centres for older adults to socialize.</p> <p>It was proposed that a tour of the older adult-friendly centres should be organized for those individuals who are not familiar with the resources available within the City.</p>	Committee Members to encourage friends/family to complete survey
<b>5. Seniors Extravaganza</b>	<p>Gail Leet distributed a pamphlet to Committee Members requesting that they advise their friends and family of the upcoming event.</p> <p>Tickets are \$10/each.</p>	
<b>6. "Spring Fling"</b>	<p>Regional Councillor Armstrong suggested the Committee hold an event in the spring of 2017, a "spring fling" event for seniors to be able to network with other seniors outside of Markham.</p> <p>There was significant discussion with regards to the funding source of this type of event. Regional Councillor Armstrong advised the Committee that she would investigate fundraising \$10,000 for this type of event, contingent on the Committee forming a sub-Committee to plan the event.</p> <p>The Committee decided to further investigate this matter at a future meeting and develop a project plan, if the event were to take place.</p>	
<b>7. Welcome Back Lunch</b>	<p>The Committee discussed the welcome back lunch scheduled for September 13 at 12 noon. The Committee agreed to cancel the September 13 Seniors Advisory</p>	Janet to liaise with Brian regarding

	Committee meeting considering they would be meeting earlier in the day.  Diane, Laila and Ramma noted that the Health Care Committee will attend the lunch as well.	invoicing for this event
<b>8. Adjournment</b>	The Seniors Advisory Committee adjourned at 4:26 PM.	