

Seniors Advisory Committee

Tuesday September 12, 2017

3:00 PM – 5:00 PM

Canada Room

Minutes

Attendance:

Patricia Anderson
Satya Arora
Yash Kapur
Anthony Ko
Gail Leet, Chair
Arul Rajasingam
Christine Wong
Laila Jiwa
Kamla Malhotra
Diane Gabay
Ramma Chabra, Vice-Chair
Mithan Lal Kansal
Almas Mawani
Regional Councillor Nirmala Armstrong
Councillor Amanda Collucci

Regrets:

Councillor Colin Campbell
Alam Muhammad
Dr. Devendra Mishra

Staff:

Janet Beatty, Recreation Coordinator
Josh Machesney, Acting Legislative Coordinator, Committee Clerk
Jason Tsien, Community Manager, South

Item	Discussion	Action Item
1. Call to Order & Disclosure of Pecuniary Interest	The Seniors Advisory Committee convened at 3:05 PM with Gail Leet presiding as Chair.	
2. Approval of the July 11, 2017 Seniors Advisory Committee Minutes	That the July 11, 2017 minutes be approved. Carried.	
3. Ashley Kwong, Memory & Company	<p>Gail Leet, Chair, introduced Ashley and Victor Kwong from Memory & Company.</p> <p>Ashley explained that she was there on behalf of her business, Memory & Company, which is an internationally recognized facility located in Markham that provides support for seniors with memory loss and their caregivers. She explained that they offer premium day programs and overnight respite.</p> <p>She showed a brief video about their business and explained that Memory & Co. is able to support people with mild memory loss to advanced dementia because of the facility's circular design and specialized staff support. Services are based on a membership basis, and can be arranged for as little as 4 hours per week, and overnight care is available.</p> <p>Ashley and Victor explained that they have worked extensively with the Neuroscience Department at York University, and they have found that Memory & Co.'s program has helped to stop cognitive decline, and in some circumstances, improve cognitive ability for those with memory loss.</p> <p>Memory & Co. features a variety of care levels, and a 5-1 staff ratio during normal hours. Members can participate in a variety of community give-back programs, including the local Lion's Club, among others.</p> <p>She invited members of the Committee to tour the facility.</p>	Ramma Chabra, Vice Chair, will organize a tour for committee members and extend the invite to Council to participate in the tour if they choose.

4. 2017 Senior's Extravaganza	<p>Gail Leet advised that the 2017 Senior's Extravaganza will take place in October 16. The extravaganza will feature two Chinese acts. Tickets are \$10 and more information can be found on the Senior Advisory Committee's Facebook page.</p> <p>Janet Beatty, Recreation Coordinator, advised that she spoke with the City's Finance Department regarding the Canada 150 Grant, and that the cheques are being processed.</p>	
5. Free Dental Care for Markham Update	<p>Gail Leet suggested that Arul revisit his proposal for Free Dental Care in Markham and asked that he and Regional Councillor Armstrong report back to the Committee at a later date.</p>	
6. Caregivers in Markham	<p>There was no discussion on this item.</p>	
7. New Business	<p>Regional Councillor Armstrong announced several community events taking place over the next couple months.</p> <ul style="list-style-type: none"> - Homelessness Awareness Day (October 10) - Kickoff to Local Government Week, Student Mock Council Meeting (October 14) - Hindu Heritage Week (November 12) - Remember and Celebrate victims of Montreal Massacre Anniversary (December 6) - Pancakes with Santa & Holiday Bazaar (December 10) <p>Jason Tsien, Community Manager, South, advised that the City's Older Adult Strategy has been drafted, and he has scheduled a meeting to run through the comprehensive strategy with the Committee for the purpose of soliciting feedback. This meeting will take place in Tuesday September 26, 2017 from 2:30-4 pm in the Ontario Room.</p>	
8. Adjournment	<p>The meeting adjourned at 4:18 PM</p>	