

## **Seniors Advisory Committee**

Tuesday October 10, 2017

3:00 PM – 5:00 PM

Canada Room

### **Minutes**

**Attendance:**

Patricia Anderson  
Satya Arora  
Gail Leet, Chair  
Arul Rajasingam  
Christine Wong  
Laila Jiwa  
Ramma Chabra, Vice-Chair  
Mithan Lal Kansal  
Almas Mawani  
Regional Councillor Nirmala Armstrong  
Councillor Colin Campbell  
Alam Muhammad  
Dr. Devendra Mishra

**Regrets:**

Anthony Ko  
Councillor Amanda Collucci  
Diane Gabay  
Yash Kapur  
Kamla Malhotra

**Staff:**

Janet Beatty, Recreation Coordinator  
Josh Machesney, Acting Legislative Coordinator, Committee Clerk  
Jason Tsien, Community Manager, South

Item	Discussion	Action Item
1. <b>Call to Order &amp; Disclosure of Pecuniary Interest</b>	The Seniors Advisory Committee convened at 3:10 PM with Gail Leet presiding as Chair.	
2. <b>Approval of the July 11, 2017 Seniors Advisory Committee Minutes</b>	That the September 12, 2017 minutes be approved.  Carried.	
3. <b>Senior's Hall of Fame Awards</b>	Gail Leet, Chair, remarked at the lack of nominations for the Senior's Hall of Fame Awards this year. She also expressed concern for the lack of representation of Senior's Advisory Committee members at the event. She encouraged members to ensure that they attend notable senior's events in the community, such as the Senior's Hall of Fame Awards event.	
4. <b>2017 Senior's Extravaganza</b>	Gail Leet reminded the Committee that the 2017 Senior's Extravaganza is taking place Monday October 16 <sup>th</sup> . She encouraged members to get their tickets if they have not already.	
5. <b>New Business</b>	<p><u>Senior's Advisory Committee Members in the Community</u></p> <p>Gail Leet announced that Senior's Advisory Committee member Mithan Lal Kansal was nominated for the Senior's Hall of Fame Awards this year. She commended him for his contributions to local seniors, and asked that he explain his senior's initiative. Mithan explained that he wanted to encourage seniors to pursue an active lifestyle so he created "Lets Walk", a program that allows seniors to walk each week together at Markville Mall. Currently, he is looking to expand the program to other areas in the GTA, and is trying to obtain sponsorship for his program.</p> <p>Gail Leet also announced that Senior's Advisory Committee member Arul Rajasingam has been actively volunteering with the Middlefield Seniors by participating in a breakfast club at Middlefield High School. Currently, they have 30 volunteer seniors to help provide breakfast to high school students. Gail encouraged Arul to look at expanding the program to the Cornell area.</p>	

	<p><u>Application Submission Support</u></p> <p>Gail asked that Jason Tsien look into providing a support session for the Senior's Advisory Committee for filling out grant applications.</p> <p><u>Follow Up on Older Adult Strategy</u></p> <p>Jason Tsien thanked members of the Committee for meeting with him to review the Older Adult Strategy. He advised that it will go to General Committee on October 23<sup>rd</sup> for approval. Jason also advised that the City will be pursuing Federal grant money to make the City more senior friendly. The grants that are being pursued are available specifically to municipalities with an Older Adult Strategy.</p> <p><u>Upcoming Events from Regional Councillor Armstrong</u></p> <p>Regional Councillor Armstrong thanked members of the Committee who attended the event supporting Homeless Youth in the community. She also discussed the possibility of a Senior's Homeless Forum in the future.</p> <p>November is Hindu Heritage month. The City will hold an event at the Civic Centre on November 12<sup>th</sup> to commemorate it.</p> <p>December 6<sup>th</sup> is Violence Against Women Awareness Day.</p> <p><u>Next Meeting</u></p> <p>Ramma Chabra, Vice Chair, asked the Committee if they would be in favour of touring Memory &amp; Co.'s facility prior to the November meeting on November 14<sup>th</sup>. She advised that she would look into the possibility of holding the meeting there following the tour, if possible.</p>	
<b>6. Adjournment</b>	The meeting adjourned at 3:51 PM	