

Seniors Advisory Committee

Tuesday March 13, 2018

3:00 PM – 5:00 PM

Canada Room

Minutes

Attendance:

Patricia Anderson

Satya Arora

Gail Leet, Chair

Laila Jiwa

Arul Rajasingam

Christine Wong

Councillor Amanda Collucci (Arrived 3:22 pm)

Yash Kapur

Almas Mawani

Regrets:

Ramma Chabra, Vice-Chair

Regional Councillor Nirmala Armstrong

Councillor Colin Campbell

Dr. Devendra Mishra

Kamla Malhotra

Mithan Lal Kansal

Diane Gabay

Anthony Ko

Alam Muhammad

Staff:

Janet Beatty, Recreation Coordinator

Josh Machesney, Acting Legislative Coordinator, Committee Clerk

Michael Freethy, Marketing & Promotions Coordinator

Item	Discussion	Action Item
1. Call to Order & Disclosure of Pecuniary Interest	The Seniors Advisory Committee convened at 3:02 PM with Gail Leet presiding as Chair, without quorum.	
2. Approval of the January 9, 2018 Seniors Advisory Committee Minutes	That the February 13, 2018 minutes be approved. The minutes could not be approved due to lack of quorum.	
3. Sharifah Ally - Care Coordinator - Central Local Health Integration Network	<p>Shaifah Ally, Care Coordinator for the Central Local Health Integration Network (LHIN) was present to deliver a presentation on the services offered by the LHIN.</p> <p>Shaifah indicated that LHIN delivers and coordinates in-home and community based care, and provides services to over 89,000 patients on a regular basis. Typical patients are those recovering from surgery, illness, those who are chronically ill, and children with special needs. A large portion of their services are dedicated to palliative care and helping patients to effectively manage their personal care. This is done through a number of channels:</p> <ul style="list-style-type: none"> • Rapid Response Nurses – they support patients after they are discharged from hospital. They help with reviewing the patient's discharge plan and symptom management. • Telehomecare – health coaching and daily monitoring via telephone. • Linking patients to support – helping patients connect to community clinics and nursing care for mobile patients. • Adult Day Programs – social and recreational programs for patients with memory loss, communication disorders, and physical disabilities. • Physiotherapy Services – in home physiotherapy services, fall prevention classes, and group exercise classes. • Help patients when they can no longer live at home – help with long-term care applications, arrange for respite care and convalescent care. <p>Shariah answered a number of questions from Committee Members.</p>	
4. Gardens for Seniors- an update on his request-	Arul Rajasingam advised that he is strongly interested in starting a public garden for seniors in Ward 7. He pointed out that most wards have gardening programs	

Arul Rajasingam	<p>for seniors, however Ward 7 has not had a public gardening program in 2 years.</p> <p>Arul advised that he was going to apply for a garden when applications are made available in May.</p> <p>Gail advised that there are a number of gardening plots available for use by seniors are Markham Fair Ground.</p>	
5. Craft Fair Update	Gail provided a brief update on the Craft Fair.	
6. New Business	<p><u>Website</u></p> <p>Gail advised members that they should be prepared to provide Andrea Berry, Senior Manager, Corporate Communications & Community Engagement with content for the Senior's page on the City's new website, such as events in their areas and any FAQ's that they feel would be valuable to post.</p>	
7. Adjournment	The meeting adjourned at 4:46 PM	