

Seniors Advisory Committee

Tuesday January 8, 2019

3:00 PM – 5:00 PM

Canada Room

Minutes

Attendance:

Satya Arora
Laila Jiwa
Arul Rajasingam
Patricia Anderson
Almas Mawani
Gail Leet, Chair
Anthony Ko
Alam Muhammad
Councillor Amanda Collucci

Regrets:

Mithan Lal Kansal
Yash Kapur
Diane Gabay
Ramma Chabra, Vice-Chair
Christine Wong

Staff:

Josh Machesney, Elections & Council/Committee Coordinator
Marta Wrzal, Recreation Coordinator – Programs & Outreach
Emma Girard, Communications Advisor

Item	Discussion	Action Item
1. Call to Order & Disclosure of Pecuniary Interest	The Seniors Advisory Committee convened at 3:02 PM with Gail Leet presiding as Chair.	
2. Approval of the November 13, 2018	That the November 13, 2018 Seniors Advisory Committee Minutes be approved.	

Seniors Advisory Committee Minutes	Carried	
<p>3. Open Discussion – Role of SAC in 2019</p>	<p>Members reviewed the Committee’s mandate – to educate members so that they can bring back what they have learned and start a dialogue with their respective seniors associations and clubs.</p> <p>Gail Leet, Chair, advised that the only thing currently scheduled for 2019 is the Health Fair. She asked the Committee what else they would like to accomplish in the coming year. She encouraged members to bring forward issues that they hear from their respective seniors communities throughout Markham.</p> <p>Councillor Collucci suggested that the Committee get better representation of seniors to sit on the Committee, including leaders of all respective seniors clubs and communities within Markham. This would help the Committee reach members of more seniors clubs and associations.</p> <p>Gail encouraged members to suggest speakers and agenda topics for future committee meetings.</p> <p>Emma suggested that Members share the most important seniors-related topics to them, with the Committee, so that the Committee can focus on these issues in 2019. Some of the issues outlined were:</p> <ul style="list-style-type: none"> - What happens when seniors cannot live at home anymore? - Accessible housing availability for seniors. - What social programs are available to seniors and how are they communicated to seniors within Markham? <p>It was suggested that the Committee consider hosting a “Coffee Club”, like is done by some seniors groups in the community. Marta advised she will meet with staff at Cornell to get more information regarding contacts, costs, and logistics of setting up “coffee club-like” workshops, and report back to</p>	

	the Committee so they can make an informed decision as to whether this would be something the Committee wishes to undertake.	
4. New Business	Anthony announced that Markham YMCA will be hosting a Chinese New Year Celebration on February 1 st , 2019. The public is welcome.	Anthony to send Josh the flyer for distribution to Committee members.
5. Adjournment	The meeting adjourned at 4:38 PM	