

TRADITIONAL	
ALL SERVED WITH TEXAS TOAST & HOME FRIES	
3 EGGS	8.50
Your choice of style	
THE "SUNNY UP" BREAKFAST	13
Eggs your style, served with your choice of either 4pcs bacon, 3pcs sausage or 3pcs ham	
3PCS PEAMEAL BACON & EGGS	14
BACON & SAUSAGE	15.50
Eggs served with 3pcs bacon & 2pcs sausage	
TURKEY BACON & EGGS	14
GRILLED CHICKEN BREAST & EGGS	19
3 EGGS WITH TURKEY SAUSAGE	14
3 EGGS WITH CORNED BEEF HASH	16
NEW YORK STEAK & EGGS	24

DELUXE BREAKFAST	SMALL SIDES
INCLUDES 3 EGGS, 3 BACON STRIPS, 2 SAUSAGES WITH A CLASSIC SIDE	
WAFFLE SPECIAL	17
FRENCH TOAST SPECIAL	16
PANCAKE SPECIAL	16
FRUIT BOWL	10
SALAD (SMALL)	8
POUTINE	13

OMELETTES (4 EGGS)	
ALL SERVED WITH TEXAS TOAST & HOME FRIES	
SUNNY UP OMELETTE	15
Filled with bacon, ham & sausage	
WESTERN OMELETTE	14
Filled with ham, onions & bell peppers	
VEGETARIAN OMELETTE	15
Filled with grilled seasonal vegetables	
MEDITERRANEAN OMELETTE	15
Stuffed with spinach, feta cheese and black olives	
BACON & CHEDDAR OMELETTE	15
Bacon, tomato & cheddar cheese omelette	
SWISS CHEESE & MUSHROOM	15
Filled with swiss cheese & sauteed button mushrooms	
MEXICAN OMELETTE	15
Eggplant, zucchini, green peppers, onions & mushroom sauce	
THREE CHEESE OMELETTE	15
A mix of cheddar, mozzarella & feta	
SALMON OMELETTE	19
Filled with smoked salmon, capers & onions, with cream cheese	
GREEK OMELETTE	16
Onions, tomatoes & spinach, topped with feta	
INDIAN STYLE OMELETTE	15
Onions, chili, cilantro, turmeric and masala spices	

*Substitute Egg Whites - \$2.00 *Add Cheese - \$3

A FRUITY BREAKFAST

SUPER FRENCH TOAST	17
1 Egg, 2 strips of bacon & a mountain of fruits on 2 slices of french toast	
HEALTHY LITE BREAKFAST	13
2 Eggs with yogurt, toast & fresh fruits	
LITE BREAKFAST	11
1 Egg with toast & fresh fruits	



EARLY BIRD SPECIAL: \$8.99

EGGS BENEDICT	
ALL SERVED AS A SET OF 2	
CLASSIC	16
Poached eggs, served over toasted english muffins with peameal bacon or ham. Topped with hollandaise sauce	
FLORENTINE	17
Poached eggs, served over toasted english muffins with sauteed spinach & swiss cheese. Topped with hollandaise sauce	
THE SUNNY UP	19
Poached eggs served over toasted english muffins with smoked salmon & capers. Topped with hollandaise sauce	
CRAB CAKE	19
Poached eggs, served over crab cakes, topped with Swiss cheese & hollandaise sauce	
WAFFLES BENEDICT	18
3 eggs & 3 strips of bacon	
VEGGIE BENEDICT	16
Fresh spinach & tomatoes	
6oz STEAK BENEDICT	22
PORTOBELLO BENEDICT	15
Portobello mushroom & Swiss cheese	
CALIFORNIA BENEDICT	15
Ham, tomato, spinach & cheddar cheese	
BREAKFAST SKILLET	17
Ham, tomato & cheddar cheese	

BREAKFAST SANDWICHES

ALL SERVED WITH HOME FRIES	
GRILLED CHEESE SANDWICH	9
Add bacon for \$2.99	
FRIED EGG & BACON	9
FRIED EGG & CHEESE	8
B.E.L.T	10
Bacon, eggs, lettuce, tomato & mayonnaise. Served on your choice of toast	
WESTERN SANDWICH	9
Ham, green pepper, onion. Add cheese for \$1.99	
PEAMEAL ON BUN	12
Peameal bacon, tomato, lettuce & mayonnaise	

FRENCH TOAST, PANCAKES & BELGIUM WAFFLES

PANCAKES SERVED WITH BUTTER & SYRUP	12
Add a topping for \$2 each	
Blueberry Chocolate Chip Strawberry Walnut Banana	
FRENCH TOAST	11
Served with 2 strips of bacon	
WAFFLES & BUTTER	12
CHOCOLATE CHIP WAFFLES	14
THE SUNNY UP WAFFLES	15
Served with your choice of whipped cream. Topped with fresh fruit	



EARLY BIRD SPECIAL \$8.99 for 3 EGGS, 3 BACON STRIPS OR 2 SAUSAGE COMES WITH TOAST & HOME FRIES FROM 7AM TO 10AM MONDAY TO FRIDAY (DOES NOT INCLUDE HOLIDAYS)

*NO SUBSTITUTIONS ON MENU ITEMS

SUNNY UP BREAKFAST

FRESH FRUIT & YOGURT

SUNNY UP YOGURT WITH GRANOLA & FRUIT	1
CHIA PUDDING WITH COCONUT GRANOLA & BERRIES	9
SMALL YOGURT WITH HONEY & GRANOLA	7

BEVERAGES

PERRIER WATER	3
FRESH BREWED COFFEE	3
FRESH BREWED COFFEE (DECAF)	3
HOT CHOCOLATE	3
HOT CHOCOLATE WITH WHIPPED CREAM	4
TEA	3
SPECIALTY TEA	4
MILK 2% OR CHOCOLATE	(S) 3 (L) 5
FRESH ORANGE JUICE	(S) 4 (L) 6
APPLE / CRANBERRY	(S) 3 (L) 5
BOTTLED WATER	2
SOFT DRINK	2
Coke / Nestle's / Pepsi / Canada Dry / C Plus / Diet Coke	
SMOOTHIES	6
Strawberry & Banana Blueberry & Banana Mango & Banana	

SIDE ORDERS

ANY EXTRA DRESSING	2
EXTRA EGG	2.5
ANY EXTRA INGREDIENT	3
SIDE GRAVY	4
BACON OR SAUSAGE OR HAM	6
SIDE TOAST	3
SIDE PANCAKE	3
BAGEL WITH BUTTER	4
HOLLANDAISE SAUCE	4
SUB SALAD	5
SIDE FRENCH FRIES	5
SIDE HOME FRIES	6
FRENCH TOAST (2PCS)	7
BAGEL WITH CREAM CHEESE	5
TURKEY BACON (4PCS)	7
PEAMEAL BACON (3PCS)	7
GRILLED CHICKEN BREAST	12
SIDE STEAK	17
GRILLED TOMATOES	4
SAUTEED BUTTON	4
MUSHROOMS	4

*No substitutions on menu items *Items & prices subject to change without notice
*Please inform your server of any allergies *The Today's Special does not receive any discount
*Taxes not included in menu pricing

ALLERGY ALERT: Our Menu items may come into contact with some allergens. Please inform us of any allergies or dietary restrictions



BREAKFAST | LUNCH | DINNER

OPEN 7AM DAILY
SUNNYUPBREAKFAST@GMAIL.COM

72 COPPER CREEK DRIVE,
UNIT 105 MARKHAM - ON

905-201-9660

@sunnyup_breakfast Sunnyup all Day Breakfast

MENU

ALL DAY BREAKFAST | LUNCH | DINNER

APPETIZERS

SOUP OF THE DAY 7
Ask your server for today's selection

BAKED BRUSCHETTA 10
Fresh crostini topped with diced tomatoes, herbs, feta, garlic & basil.
Drizzled balsamic glaze

QUESADILLA 13
Flour tortilla loaded with our threecheese blend, fresh peppers
& onionsserved with our sour cream & freshsalsa

Add chicken \$5.99 Add steak \$6.99

SPANAKOPITA 10
A flaky greek spinach pie

LEMON PEPPER CALAMARI 14
Calamari & fried jalapeno served withtzatziki

MOZZARELLA STICKS/JALAPENO POPPERS 12
Served with ranch dip

GARLIC BUTTER SHRIMP 16
Shrimp tossed with garlic butter sauce. Served with garlic bread

NACHOS 16
Covered with melted cheese, guacamole, jalapenos & lettuce,
tomatoes & olives. Served with sourcream & salsa

Add chicken for \$3.00 Add chilli for \$3.00

GARLIC BREAD 10
Add cheese \$3.00

BURGERS

ALL SERVED WITH FRIES

* Toppings for all burgers include lettuce, onion, tomato,
pickles & burger sauce

SUNNY UP ORIGINAL BURGER 13
Home made 8oz beef patty, served on a toasted bun.

HAWAIIAN BURGER 16
Pineapples, banana pepper & cheddar cheese

BBQ BURGER 18
Bacon & melted cheese, with BBQ sauce.

MUSHROOM SWISS CHEESE BURGER 16
Sautéed mushroom

BEYOND BURGER 15

BANQUET BURGER 18
Topped with double bacon & cheddar cheese

*Upgrade with soup or house salad for \$3
*Greek or Caesar salad for \$4
*Onion Rings or Sweet Potatoes for \$4

*ADD \$4 EACH FOR: Swiss cheese, bacon, cheddar,
goat cheese, sautéed mushroom, caramelized onions

SMALL PLATES & SNACKS

CRISPY CRAB BITES 10
Bite sized crab, served with mustard
sauce

ONION RINGS 8

SWEET POTATO FRIES 8

FRIES 6

SANDWICHES & WRAPS

ALL SERVED WITH HOME CUT FRIES OR FRENCH FRIES

CHICKEN PARMESAN 18
Breaded chicken topped with marinara sauce &
melted mozzarella cheese. Served on a bun

CHICKEN CLUB SANDWICH 18
Marinated grilled chicken breast with smoked
bacon, lettuce, tomatoes & mayo

SMOKED SALMON 20
Smoked Atlantic Salmon with onion, tomato,
cream cheese & capers on a classic Italian bun

CRISPY CHICKEN SANDWICH 20
Crispy chicken breast with melted cheese &
your choice of spicy buffalo sauce or chipotle
mayo. Served on a bun

PHILLY CHEESESTEAK 22
Roast beef, topped with sautéed onions,
mushroom, mixed cheeses & BBQ sauce.
Served on an Italian bun

NEW YORK STEAK SANDWICH 20
6oz steak grilled to your liking, topped with
sauteed onions & mushrooms. Served on a bun

VEGETARIAN WRAP 16
Lettuce, tomatoes, cucumber, onion, spinach
with ranch sauce & mixed cheese

GREEK WRAP 18
Chicken, tomatoes, cucumber, onion & spinach
with Tzatziki sauce & Feta cheese

CHICKEN CAESAR WRAP 18
Grilled chicken, bacon & mixed cheeses

BUFFALO CHICKEN WRAP 18
Breaded chicken, buffalo sauce, lettuce, tomato
& mixed cheeses

MEDITERRANEAN WRAP 18
Grilled chicken, lettuce, tomato, onions, olives,
feta cheese & Tzatziki sauce

*Gravy \$2
*Upgrade with soup or house salad for \$3
*Upgrade with Caesar salad for \$4
*Upgrade sweet potatoes or onion rings \$4

ENTREES

FISH & CHIPS 15
Homemade battered haddock fillet served with
tartar sauce, coleslaw and fries (1pc)
22 (2pc)

CHICKEN SOUVLAKI 23
Thin skewers of chicken souvlaki served over a
bed of rice and Greek salad

NY STRIPLIN STEAK 26
11oz striploin steak grilled to perfection, served
with seasoned vegetables and mashed potatoes,
served with creamy peppercorn sauce

LIVER, ONION & BACON 19
Seared beef liver, topped with caramelized onions,
bacon and smothered in rich gravy. Served with
mashed potatoes & vegetables

CHICKEN TENDERS 18
Breaded chicken fingers and french fries. Served
with plum sauce & coleslaw

RISOTTO PRIMAVERA 18
Savory rice, seasoned vegetables, tomato sauce &
Parmesan cheese. Comes with garlic bread

CHICKEN PARMIGIANA 20
Chicken topped with homemade marinara sauce
and melted mixed cheese, served with linguine
pasta

FAJITAS 20
Smoking hot skillet with an array of sizzling onions
& peppers. Served with warm tortillas, salsa, sour
cream, cheese & guacamole
Chicken \$15.99 / Steak \$17.99 / Shrimp \$20.99

HOMEMADE MEATLOAF 22
Served with gravy, mashed potatoes & steams
vegetables

POACHED/GRILLED ATLANTIC SALMON 24
Cooked to perfection with 48 cream. Served with
rice & greek salad
Add chicken to any dish \$7

SALADS

HOUSE SALAD 8 (S) (L) 11
Fresh mixed greens, tomatoes, cucumbers & red onions with your
choice of dressing

GREEK SALAD 10 (S) (L) 12
Cebung lettuce, tomatoes, cucumber, olives, onions &
feta cheese served with dressing

CAESAR SALAD 10 (S) (L) 12
Fresh romaine lettuce, tomatoes, parmesan & caesar dressing

TUNA SALAD 13
Cebung lettuce, tomatoes, cucumber, olives, onions &
feta cheese topped with creamy caesar dressing

SUNNY UP CHICKEN SALAD 15
cebug lettuce, tomatoes, cucumber, onions. Topped with grilled
seasoned chicken breast



PASTA

SPICY CHICKEN & SHRIMP 22
Fusilli pasta with cajun chicken, onions, mushrooms in a spicy tomato
cream sauce

CHICKEN PASTA 20
Tangy chicken with grilled chicken, mushroom, spinach & mixed peppers
in a goat cheese Rosé sauce

SPICY PENNE 18
Italian spicy sausage, mushroom & onions in a spicy homemade sauce

PESTO PASTA 18
Chicken, assorted mushrooms, white wine, olive oil in a basil pesto cream
sauce

CHICKEN PENNE 20
Mixed peppers, onions, mushrooms in a cajun cream sauce

SEAFOOD LINGUNE 22
Shrimp, mussels & Calamari tossed with peppers & onions in a Rosé
sauce

LINGUNE ALFREDO 18
Mushrooms, broccoli, spinach with creamy parmesan sauce.

LINGUNE CARBONARA 20
Chicken & bacon Mushrooms, onions & spinach in an egg yolk
cream sauce

PENNE PRIMAVERA 20
Mixed peppers, onions, spinach & broccoli in a tomato sauce

LINGUNE ALFREDO SHRIMP 22
Shrimp, tossed in a rich parmesan cream sauce

SUNNY UP LINGUNE PASTA 22
Shrimp, mushrooms, onions, mixed pepper in a Pesto-Tomato sauce

MEDITERRANEAN 20
Fusilli, chicken, peppers, onions & olives in a white wine tomato sauce.
Topped with Feta

POUTINE

CLASSIC POUTINE 16
Cheese curds & gravy

BUFFALO CHICKEN POUTINE 18
Breaded chicken, buffalo & ranch sauce

BURGER POUTINE 18
Cheese curds, gravy & burger patty bits

CHILLI ONION POUTINE 16
Cheese curds, gravy & ranch sauce

*No substitutions on menu items
*Please inform your server of any allergies
*Items & prices subject to change without notice
*The 'Today's Special' does not receive any discount
*Taxes not included in menu pricing

ALLERGY ALERT: Our Menu items may come into contact with some
allergens. Please inform us of any allergies or dietary restrictions